

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
1	1	Clemente Alonso Mckernan	1	M30-34	6	26:49	00:00	1	2:06:38	41,5 km/h	0:42:22	0:38:12	0:44:22	01:43	2	1:19:53	3:48 m/km	00:00	27:01	23:53	22:12	06:49	3:53:20
2	7	Jose Manuel Tovar Espada	1	M25-29	8	27:46	01:00	4	2:11:22	40,2 km/h	0:43:41	0:39:41	0:45:48	01:14	1	1:17:24	3:41 m/km	00:00	26:20	21:01	22:43	07:21	3:56:31
3	2	Xavier Llobet Sallent	1	M35-39	1	24:38	01:18	3	2:08:15	41,2 km/h	0:42:56	0:38:30	0:44:28	01:05	6	1:27:45	4:11 m/km	00:00	28:41	23:51	27:00	08:14	4:00:36
4	8	Anthony Pannier	2	M25-29	4	26:38	01:05	2	2:06:42	41,8 km/h	0:41:31	0:38:08	0:44:27	01:32	13	1:30:08	4:18 m/km	00:00	28:24	26:23	27:08	08:14	4:03:27
5	285	Gabriele Mazzetta	1	M30-35	7	27:30	01:11	6	2:14:44	39,2 km/h	0:45:38	0:40:37	0:46:06	01:14	4	1:24:43	4:02 m/km	06:05	23:09	23:42	24:16	07:34	4:06:56
6	16	Daniel Muñoz Gómez	2	M30-34	5	26:41	01:08	5	2:12:35	39,9 km/h	0:44:36	0:39:45	0:45:47	01:21	7	1:27:48	4:11 m/km	06:07	24:24	24:56	25:24	06:59	4:07:03
7	5	Santi Pellejero Gacia	2	M35-39	2	25:13	01:22	7	2:15:43	39,4 km/h	0:44:46	0:40:49	0:46:07	02:40	17	1:31:12	4:21 m/km	05:57	24:31	25:52	27:43	07:09	4:12:07
8	146	Julio Marti Mora	3	M30-34	53	34:02	01:48	11	2:16:47	38,9 km/h	0:45:18	0:41:01	0:47:15	01:28	8	1:28:14	4:12 m/km	06:04	24:11	25:18	25:39	07:04	4:19:01
9	89	Jerome Granvillain	3	M35-39	46	33:49	01:40	9	2:16:29	39,1 km/h	0:44:43	0:40:27	0:47:40	02:02	9	1:29:14	4:15 m/km	06:07	23:51	25:07	26:27	07:44	4:19:30
10	51	David Rovira Doñate	4	M30-34	10	28:07	01:48	16	2:23:53	37,2 km/h	0:48:15	0:42:37	0:48:48	02:26	11	1:29:38	4:16 m/km	06:09	26:14	23:33	26:41	07:03	4:21:36
11	9	Pau Zamora Perez	5	M30-34	113	37:21	01:47	13	2:20:21	37,9 km/h	0:46:13	0:42:15	0:48:37	01:31	3	1:24:41	4:02 m/km	06:02	22:49	23:52	24:56	07:04	4:22:22
12	223	Benjamin Leigh	6	M30-34	34	33:07	01:55	10	2:16:36	39,2 km/h	0:45:32	0:40:26	0:46:33	02:12	23	1:33:36	4:27 m/km	06:33	25:09	26:39	27:52	07:25	4:23:18
13	90	Frederic Fernandez	7	M30-34	72	34:45	01:43	8	2:16:03	39,1 km/h	0:44:40	0:40:45	0:47:30	01:27	22	1:33:19	4:27 m/km	06:00	24:15	26:57	28:20	07:48	4:24:06
14	88	Frederic Loree	4	M35-39	33	33:04	01:15	12	2:18:05	38,4 km/h	0:45:42	0:41:48	0:47:32	01:49	21	1:32:59	4:26 m/km	06:17	24:18	26:19	28:18	07:49	4:24:06
15	35	Fernando Tuya Cortés	5	M35-39	9	28:02	01:23	27	2:28:38	37,1 km/h	0:48:21	0:42:59	0:48:43	07:14	14	1:30:14	4:18 m/km	05:56	24:09	25:53	26:42	07:35	4:26:53
16	148	Manuel Emilio Diaz Ortega	6	M35-39	44	33:44	02:22	15	2:23:50	37,1 km/h	0:47:12	0:42:55	0:49:39	01:44	12	1:30:07	4:17 m/km	06:24	24:55	25:33	26:00	07:17	4:27:40
17	31	Daniel Galindo Esquej	8	M30-34	25	32:21	01:34	48	2:34:06	35,5 km/h	0:48:41	0:43:47	0:53:34	06:33	5	1:26:25	4:07 m/km	05:42	23:10	24:27	26:02	07:04	4:32:50
18	118	Tony Garcia Castillo	7	M35-39	17	31:13	01:43	42	2:32:21	34,7 km/h	0:51:11	0:45:09	0:53:08	01:11	10	1:29:37	4:16 m/km	06:23	25:18	24:58	25:55	07:05	4:33:10
19	39	Javier Montesinos	1	M40-44	45	33:46	01:05	26	2:28:28	35,5 km/h	0:49:22	0:44:11	0:52:39	01:13	20	1:32:49	4:25 m/km	06:18	24:57	26:38	27:28	07:31	4:35:03
20	281	Ignacio De La Iglesia Palacios	9	M30-34	37	33:16	01:49	19	2:24:21	37,0 km/h	0:47:57	0:42:49	0:49:29	02:19	37	1:39:13	4:43 m/km	06:54	26:49	28:23	29:24	07:44	4:36:49
21	119	Xavi Vidal Folch	8	M35-39	64	34:22	03:01	21	2:25:15	36,8 km/h	0:48:04	0:43:12	0:49:44	01:15	30	1:37:24	4:38 m/km	06:25	25:46	27:42	29:18	08:14	4:37:00
22	138	Francisco Vicens Gil	9	M35-39	134	38:17	02:10	17	2:24:00	37,1 km/h	0:46:07	0:43:08	0:50:43	01:53	25	1:35:40	4:33 m/km	06:47	25:58	26:55	28:02	08:00	4:37:55

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23	232	Joan Tomàs Acosta	3	M25-29	123	37:43	01:59	18	2:24:15	36,9 km/h	0:46:56	0:43:45	0:50:10	01:27	29	1:37:22	4:38 m/km	06:39	26:35	27:44	28:30	07:55	4:39:19
24	32	Jerome Bergara	10	M30-34	124	37:48	03:40	36	2:30:36	35,8 km/h	0:49:08	0:43:54	0:51:55	02:01	15	1:31:10	4:20 m/km	06:24	24:01	26:03	27:13	07:32	4:39:32
25	57	Guillem Busquets Pascual	11	M30-34	63	34:21	01:48	31	2:29:09	37,0 km/h	0:46:54	0:42:49	0:50:44	06:56	26	1:36:24	4:35 m/km	06:13	25:31	26:26	29:49	08:28	4:39:54
26	124	Jorge Saiz Francisco	10	M35-39	47	33:53	02:39	25	2:28:25	36,1 km/h	0:48:55	0:43:39	0:51:18	01:57	38	1:39:15	4:44 m/km	06:55	28:40	28:30	27:28	07:43	4:41:33
27	61	Josep Catalan Pons	11	M35-39	21	31:25	01:55	44	2:32:56	34,7 km/h	0:50:37	0:45:41	0:53:29	01:16	34	1:38:06	4:40 m/km	06:31	25:58	29:09	28:46	07:44	4:42:27
28	168	Felipe Fernando León Martínez	12	M35-39	94	36:52	02:45	45	2:33:06	35,0 km/h	0:49:03	0:45:29	0:53:58	01:52	19	1:32:34	4:24 m/km	06:35	25:16	25:59	26:53	07:53	4:42:31
29	149	Joan Sansó Flaquer	13	M35-39	22	32:07	02:19	33	2:29:54	35,7 km/h	0:48:47	0:44:45	0:51:46	02:19	53	1:42:23	4:53 m/km	07:04	27:24	29:02	30:40	08:15	4:44:23
30	203	Josep Sanmarti Pujol	14	M35-39	42	33:29	02:07	40	2:32:00	34,9 km/h	0:50:17	0:44:21	0:53:55	01:22	40	1:39:34	4:44 m/km	06:49	26:34	27:49	29:54	08:30	4:45:03
31	72	Mauro Llorens Codinach	12	M30-34	54	34:03	03:23	43	2:32:48	35,2 km/h	0:47:59	0:45:56	0:53:26	02:06	35	1:38:19	4:41 m/km	06:34	26:16	27:41	28:54	08:55	4:45:09
32	143	Jose Vicente Lucas Martinez	2	M40-44	129	38:02	02:16	22	2:25:57	36,7 km/h	0:47:03	0:43:08	0:51:15	02:16	43	1:41:13	4:49 m/km	06:54	25:58	29:19	30:43	08:21	4:45:11
33	115	Benoît Phalippou	13	M30-34	152	39:03	02:51	28	2:28:43	36,1 km/h	0:48:28	0:43:35	0:51:48	02:03	31	1:37:34	4:39 m/km	06:55	26:17	28:01	28:31	07:52	4:45:19
34	77	Jose Sanchez Sierra	14	M30-34	164	39:43	01:44	30	2:28:55	35,5 km/h	0:49:14	0:45:09	0:51:45	01:06	28	1:36:56	4:37 m/km	06:38	26:44	27:19	28:39	07:37	4:45:33
35	3	Philip Mosley	15	M35-39	27	32:35	01:25	106	2:42:14	32,5 km/h	0:45:23	0:41:20	1:12:49	01:19	16	1:31:12	4:21 m/km	05:51	23:45	25:58	28:02	07:38	4:46:01
36	78	Franc Jodar Delgado	15	M30-34	153	39:08	01:53	35	2:30:07	35,4 km/h	0:49:41	0:45:06	0:51:44	01:45	27	1:36:49	4:37 m/km	07:04	27:37	27:47	26:59	07:24	4:46:03
37	28	Hervé Perrin	3	M40-44	104	37:08	00:00	34	2:30:04	34,9 km/h	0:49:36	0:46:11	0:52:45	01:33	45	1:41:54	4:51 m/km	06:42	26:51	28:29	31:08	08:45	4:49:06
38	29	Patisson Fabio	16	M35-39	86	36:02	02:06	20	2:24:49	37,0 km/h	0:46:42	0:43:13	0:50:17	02:33	83	1:48:26	5:10 m/km	06:52	28:01	31:03	33:59	08:34	4:49:16
39	106	Víctor Úbeda Tirado	17	M35-39	51	33:59	02:37	14	2:22:57	37,4 km/h	0:46:28	0:41:50	0:50:18	01:45	108	1:52:43	5:22 m/km	07:14	29:34	31:40	34:27	09:50	4:49:37
40	162	Benet Nicolau	16	M30-34	99	37:01	02:05	38	2:30:55	35,3 km/h	0:49:38	0:45:11	0:52:16	01:47	50	1:42:16	4:52 m/km	07:13	27:46	29:12	29:44	08:22	4:50:11
41	268	Marc Todo Olives	18	M35-39	20	31:16	03:36	41	2:32:01	35,7 km/h	0:50:28	0:43:54	0:51:10	02:55	92	1:49:47	5:14 m/km	07:46	29:09	31:38	32:08	09:08	4:53:03
42	140	Cesar Cano Vaquer	17	M30-34	111	37:17	03:22	49	2:34:07	34,8 km/h	0:50:15	0:45:28	0:53:20	01:45	47	1:41:59	4:51 m/km	06:35	26:43	28:25	32:01	08:17	4:53:23
43	116	Lluís Rigau Ferrer	4	M40-44	77	35:07	02:40	47	2:33:23	35,1 km/h	0:50:53	0:45:01	0:52:11	02:40	65	1:45:00	5:00 m/km	06:54	26:59	30:24	33:22	07:23	4:53:28
44	151	Antonio Puigros Mayol	18	M30-34	82	35:16	03:29	55	2:35:19	34,6 km/h	0:49:58	0:45:29	0:54:25	02:00	54	1:42:57	4:54 m/km	07:06	27:40	29:51	30:14	08:07	4:53:30

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Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1°	2°	3°	T2	Pos Carrera	Vel	1°	2°	3°	4°	5°	Temps Oficial			
45	277	Miguel Isla Rodríguez	1	M45-49	24	32:19	01:17	50	2:34:27	34,2 km/h	0:50:24	0:46:16	0:55:04	01:27	75	1:46:51	5:05 m/km	07:16	29:07	30:49	31:26	08:13	4:53:36
46	102	Aitor Elustondo	5	M40-44	105	37:09	03:11	82	2:38:39	34,0 km/h	0:51:26	0:46:36	0:54:51	02:37	32	1:37:54	4:40 m/km	08:33	25:27	27:58	27:57	08:01	4:53:42
47	45	Juan Miguel Moreno Rivert	19	M35-39	199	42:30	02:59	86	2:39:14	33,7 km/h	0:51:05	0:47:35	0:55:30	02:08	18	1:32:03	4:23 m/km	06:29	26:02	26:38	25:48	07:08	4:53:46
48	114	Haukur Heimisson	4	M25-29	14	29:55	02:06	37	2:30:54	35,2 km/h	0:48:19	0:44:44	0:54:31	01:15	115	1:53:50	5:25 m/km	07:37	30:51	32:36	33:28	09:20	4:54:38
49	160	Salva Bañuls Rosello	19	M30-34	16	31:06	04:11	98	2:40:37	34,1 km/h	0:53:29	0:45:53	0:52:56	04:11	59	1:43:44	4:56 m/km	07:04	27:32	28:40	31:51	08:40	4:55:26
50	155	Raül Riudavets Gomila	20	M35-39	39	33:18	02:19	105	2:42:00	32,8 km/h	0:52:46	0:46:15	0:59:01	01:42	41	1:40:21	4:47 m/km	09:03	26:35	28:01	28:00	08:44	4:55:38
51	255	Scott Southgate	21	M35-39	74	35:01	02:35	77	2:38:17	33,7 km/h	0:51:49	0:48:05	0:54:15	01:35	52	1:42:23	4:53 m/km	07:06	28:24	29:35	29:58	07:23	4:55:40
52	46	Feliu Coronado Justicia	5	M25-29	118	37:34	03:00	60	2:36:16	34,3 km/h	0:51:14	0:46:29	0:53:37	01:58	46	1:41:58	4:51 m/km	07:08	27:16	29:07	30:08	08:20	4:55:47
53	136	Miguel Angel Ballester Balaguer	22	M35-39	26	32:27	01:43	54	2:35:12	34,3 km/h	0:51:27	0:45:53	0:54:11	02:00	81	1:48:14	5:09 m/km	06:56	29:15	31:40	31:52	08:33	4:55:51
54	275	Michele Birti	1	M20-24	32	32:59	02:18	64	2:37:20	34,9 km/h	0:50:04	0:44:54	0:53:55	06:11	71	1:46:06	5:03 m/km	07:32	29:41	30:00	30:22	08:33	4:56:23
55	11	Alberto Cruz Ginés	2	M20-24	217	43:40	02:07	88	2:39:26	33,3 km/h	0:52:48	0:47:56	0:55:16	01:21	24	1:34:12	4:29 m/km	06:46	25:36	26:09	28:15	07:27	4:57:17
56	236	Iñaki Martínez Serrano	20	M30-34	48	33:55	02:35	29	2:28:47	36,2 km/h	0:48:27	0:43:15	0:51:35	02:56	120	1:54:38	5:28 m/km	07:45	30:25	33:46	33:37	09:07	4:57:19
57	43	Jaume Segrià Pallarés	23	M35-39	31	32:57	03:03	139	2:46:14	32,4 km/h	0:54:48	0:50:00	0:55:39	02:46	39	1:39:29	4:44 m/km	07:14	27:45	27:18	29:28	07:47	4:58:38
58	163	Pedro Ventura Paterna	6	M25-29	18	31:13	02:36	110	2:42:35	33,1 km/h	0:51:14	0:50:42	0:55:03	03:02	66	1:45:10	5:00 m/km	07:07	29:25	30:58	29:49	07:53	4:58:57
59	189	David Cañada Gimenez	24	M35-39	103	37:08	03:41	74	2:38:02	34,1 km/h	0:50:57	0:46:38	0:54:47	02:01	60	1:43:55	4:57 m/km	07:21	27:58	30:18	30:30	07:50	4:59:04
60	209	Jordi Clavel	6	M40-44	55	34:06	01:50	121	2:43:44	32,4 km/h	0:54:17	0:48:18	0:57:36	01:45	44	1:41:18	4:49 m/km	07:23	28:25	29:12	28:41	07:39	4:59:07
61	135	Benjamin Lozano Becerra	25	M35-39	98	37:00	02:02	63	2:37:04	34,0 km/h	0:49:41	0:45:54	0:57:06	02:23	68	1:45:13	5:01 m/km	07:04	28:18	30:04	31:12	08:36	4:59:16
62	86	Jordi Flotats Casas	26	M35-39	144	38:36	04:15	108	2:42:29	33,2 km/h	0:52:52	0:47:08	0:56:09	02:05	36	1:38:46	4:42 m/km	06:39	26:10	27:58	29:40	08:19	4:59:49
63	66	Enric Pintado Boixados	2	M45-49	176	40:43	02:54	52	2:34:41	34,6 km/h	0:49:30	0:46:25	0:54:18	01:35	62	1:44:31	4:59 m/km	07:11	27:58	30:19	30:42	08:23	4:59:54
64	104	Manuel Hernandez Garcia	21	M30-34	138	38:21	02:24	72	2:37:58	33,7 km/h	0:51:43	0:47:34	0:54:47	01:33	58	1:43:40	4:56 m/km	07:20	27:47	30:01	30:21	08:13	4:59:58
65	196	Josep Ocaña Prescolí	22	M30-34	115	37:23	01:53	73	2:38:01	33,8 km/h	0:52:33	0:46:40	0:54:21	02:36	63	1:44:53	5:00 m/km	07:13	28:34	30:11	30:28	08:30	5:00:16
66	34	Alain Munduteguy	23	M30-34	173	40:08	02:23	24	2:28:18	36,2 km/h	0:47:53	0:43:52	0:51:46	02:26	100	1:51:55	5:20 m/km	07:47	30:25	32:29	33:05	08:10	5:00:21

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67	33	Cédric Le Bris	24	M30-34	3	26:36	02:13	103	2:41:47	32,9 km/h	0:54:02	0:47:56	0:55:40	01:58	102	1:51:59	5:20 m/km	06:57	31:19	32:29	33:05	08:11	5:00:21
68	166	Norbert Nagl	7	M40-44	11	28:55	01:20	65	2:37:20	33,7 km/h	0:52:18	0:46:46	0:54:59	01:59	125	1:55:02	5:29 m/km	07:27	30:19	33:09	34:47	09:23	5:01:16
69	14	Fernando Redondo Gonzalez	7	M25-29	183	40:57	03:33	109	2:42:34	33,0 km/h	0:52:24	0:47:54	0:56:52	01:54	33	1:38:00	4:40 m/km	06:21	26:46	28:11	28:40	08:05	5:01:30
70	74	Pedro Jorge	25	M30-34	167	39:55	02:34	51	2:34:27	34,5 km/h	0:50:45	0:45:53	0:53:38	01:39	76	1:47:18	5:07 m/km	07:00	27:51	30:22	33:35	08:31	5:01:39
71	207	Aitor Fresco Michelena	27	M35-39	59	34:13	02:22	56	2:35:32	34,4 km/h	0:52:12	0:45:51	0:53:01	02:07	104	1:52:13	5:21 m/km	07:52	31:45	34:03	30:43	07:52	5:01:56
72	10	Ignasi Sánchez Puentes	28	M35-39	28	32:44	02:06	136	2:45:57	32,0 km/h	0:53:58	0:49:36	0:58:27	01:52	57	1:43:23	4:55 m/km	06:39	27:42	29:01	31:27	08:36	5:02:03
73	117	Miguel Gascon Nebot	3	M45-49	155	39:13	02:39	75	2:38:06	33,8 km/h	0:51:47	0:47:11	0:54:35	01:56	67	1:45:13	5:01 m/km	07:21	28:24	29:53	30:58	08:39	5:02:31
74	18	Juan Vicente Vicedo Vercher	29	M35-39	93	36:51	02:37	116	2:43:23	32,6 km/h	0:53:03	0:49:01	0:57:01	01:43	51	1:42:21	4:52 m/km	07:41	28:39	29:34	28:55	07:33	5:02:34
75	37	Jorge Rodriguez Vazquez-Dodero	8	M40-44	180	40:52	02:00	89	2:39:44	33,3 km/h	0:52:39	0:47:24	0:56:02	01:40	49	1:42:12	4:52 m/km	07:16	28:28	29:49	28:57	07:44	5:02:47
76	105	Marc Bové Ballesté	3	M20-24	119	37:41	03:14	68	2:37:42	33,9 km/h	0:51:09	0:46:13	0:55:45	01:24	79	1:48:00	5:09 m/km	08:59	27:33	31:29	31:27	08:34	5:03:22
77	23	Cornet Pierre	4	M45-49	85	35:52	03:20	118	2:43:30	32,8 km/h	0:53:13	0:48:53	0:56:22	01:45	61	1:44:30	4:59 m/km	07:11	28:46	30:08	30:30	07:56	5:03:51
78	173	Gabriel Martínez Genestar	26	M30-34	68	34:38	03:01	129	2:44:27	32,7 km/h	0:53:02	0:48:42	0:56:58	02:46	64	1:44:59	5:00 m/km	07:38	29:31	30:15	29:37	07:59	5:04:03
79	58	Juan Rigabert Montiel	5	M45-49	41	33:28	02:56	130	2:44:31	32,7 km/h	0:55:22	0:46:32	0:57:02	02:41	72	1:46:14	5:04 m/km	07:24	28:30	30:59	30:43	08:40	5:04:12
80	91	Guillaume Guimbertaud	8	M25-29	61	34:16	03:47	23	2:26:22	37,0 km/h	0:47:16	0:43:25	0:49:41	02:15	167	2:03:36	5:53 m/km	07:48	31:13	38:34	37:04	08:58	5:04:13
81	176	Guillem Gonyalons Perez	30	M35-39	70	34:41	03:22	91	2:39:58	33,7 km/h	0:51:48	0:47:29	0:54:48	02:34	91	1:49:42	5:13 m/km	07:26	29:37	30:55	32:53	08:52	5:04:19
82	197	Guillaume Gratte	27	M30-34	81	35:16	02:46	114	2:42:49	32,9 km/h	0:53:50	0:46:55	0:56:52	02:29	74	1:46:32	5:04 m/km	07:50	29:25	30:46	30:23	08:10	5:04:35
83	318	Sophie Kiefer	F 1	F30-34	62	34:19	02:28	66	2:37:33	34,3 km/h	0:51:54	0:45:55	0:53:29	03:49	112	1:53:08	5:23 m/km	07:58	29:50	33:09	33:02	09:11	5:04:59
84	183	Carlos Martinez Jimenez	9	M40-44	95	36:53	03:02	81	2:38:37	33,8 km/h	0:53:16	0:46:44	0:53:43	01:54	93	1:50:03	5:14 m/km	07:03	29:38	32:59	32:09	08:16	5:05:32
85	270	Antoni Morey Guiscafré	28	M30-34	87	36:13	02:07	39	2:31:46	35,1 km/h	0:49:44	0:45:50	0:52:19	01:47	142	1:57:49	5:37 m/km	07:13	29:53	35:52	34:52	10:00	5:05:47
86	179	Cosme Garcias Cerdo	29	M30-34	67	34:37	02:22	59	2:36:09	34,4 km/h	0:50:52	0:46:13	0:53:56	02:47	127	1:55:11	5:29 m/km	07:20	30:16	32:46	35:27	09:23	5:05:55
87	287	Nofre Nadal Massanet	10	M40-44	197	42:24	04:19	104	2:41:50	33,4 km/h	0:52:19	0:47:33	0:55:43	01:59	48	1:42:03	4:52 m/km	07:08	27:48	28:16	30:37	08:16	5:06:16
88	169	Jaume Bagur Trujillo	11	M40-44	120	37:41	03:18	58	2:36:01	34,4 km/h	0:49:37	0:46:38	0:54:32	01:58	107	1:52:39	5:22 m/km	07:33	30:28	32:22	32:44	09:33	5:06:21

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
89	161	Raül Pons Villalonga	9	M25-29	36	33:12	03:04	132	2:45:17	32,6 km/h	0:54:21	0:49:39	0:55:00	03:15	82	1:48:18	5:09 m/km	07:16	29:13	30:37	32:01	09:12	5:06:46
90	256	Carlos Alles Pons	4	M20-24	76	35:03	02:46	53	2:35:10	34,5 km/h	0:50:53	0:45:20	0:54:06	02:06	137	1:57:11	5:35 m/km	09:16	30:58	32:45	34:43	09:30	5:07:22
91	130	Jesus Manuel Paredes Renes	31	M35-39	190	41:29	02:09	97	2:40:20	33,2 km/h	0:52:26	0:47:47	0:55:55	02:05	70	1:46:00	5:03 m/km	06:52	27:55	30:29	32:04	08:42	5:07:48
92	158	Simon Aguila Sesarino	30	M30-34	52	34:00	02:28	140	2:46:26	31,9 km/h	0:54:08	0:50:31	0:57:56	01:26	77	1:47:37	5:07 m/km	07:43	31:06	31:07	29:52	07:51	5:08:01
93	250	Mario Gonzalez Martinez	31	M30-34	194	42:10	02:46	76	2:38:13	33,9 km/h	0:52:48	0:47:00	0:53:22	02:20	85	1:48:28	5:10 m/km	07:25	29:54	30:51	31:41	08:39	5:08:49
94	153	Fernando Sancho Tomàs	32	M30-34	90	36:32	02:50	167	2:51:18	31,3 km/h	0:56:23	0:51:37	0:57:38	02:51	42	1:41:05	4:49 m/km	07:02	27:08	27:53	30:29	08:35	5:08:55
95	36	Borja Sierra Calvo	33	M30-34	158	39:19	01:48	93	2:40:10	33,1 km/h	0:52:35	0:47:33	0:56:27	01:47	90	1:49:40	5:13 m/km	07:30	30:38	31:42	31:17	08:34	5:09:08
96	184	Carles Luri Manresa	32	M35-39	58	34:11	03:08	135	2:45:50	32,3 km/h	0:53:28	0:48:56	0:58:04	02:15	89	1:49:24	5:13 m/km	07:17	30:18	31:25	31:43	08:44	5:09:24
97	92	Paolo Mussotto	6	M45-49	189	41:26	02:49	67	2:37:37	34,2 km/h	0:50:07	0:46:25	0:55:22	02:56	95	1:50:24	5:15 m/km	07:03	29:04	31:22	33:11	09:45	5:09:26
98	22	Icard Gilles	1	M50-54	75	35:03	03:52	134	2:45:21	32,7 km/h	0:53:36	0:48:51	0:56:27	02:37	87	1:49:03	5:12 m/km	07:26	29:42	31:26	31:55	08:35	5:09:26
99	40	Quique Borrás Camilleri	33	M35-39	178	40:50	02:31	78	2:38:19	33,9 km/h	0:52:36	0:46:32	0:53:59	02:43	96	1:50:44	5:16 m/km	08:21	29:19	31:42	32:38	08:45	5:09:52
100	84	Jorge Garí Sánchez	10	M25-29	19	31:15	02:15	57	2:35:48	34,5 km/h	0:50:28	0:46:06	0:53:47	03:14	165	2:03:06	5:52 m/km	08:07	31:55	37:58	35:50	09:18	5:10:09
101	320	Nuria Aubeso Martinez	F 1	F35-39	110	37:16	02:01	157	2:49:44	31,3 km/h	0:55:16	0:51:31	0:59:14	01:44	56	1:43:14	4:55 m/km	06:58	27:47	28:50	31:02	08:38	5:10:12
102	251	Nicolás Kareaga Ciérbide	11	M25-29	12	29:15	01:37	131	2:44:46	32,6 km/h	0:54:20	0:48:13	0:56:45	03:54	134	1:56:16	5:32 m/km	08:00	31:58	32:46	34:23	09:11	5:10:16
103	235	Javi Marti Ruiz	34	M30-34	49	33:56	03:14	83	2:38:58	34,2 km/h	0:51:32	0:45:51	0:54:27	03:55	140	1:57:31	5:36 m/km	09:06	31:13	32:44	34:45	09:46	5:10:25
104	80	Alberto Sanz Castrillo	12	M25-29	163	39:42	03:00	87	2:39:16	33,7 km/h	0:52:25	0:47:23	0:54:01	02:28	99	1:51:40	5:19 m/km	07:41	30:42	31:31	32:38	09:10	5:10:37
105	142	Carlos Blanes	34	M35-39	193	42:09	03:23	107	2:42:17	33,0 km/h	0:52:50	0:48:23	0:55:56	01:47	73	1:46:23	5:04 m/km	07:40	29:47	30:48	30:01	08:09	5:10:48
106	282	Casi Bañuls Roselló	13	M25-29	43	33:31	02:22	84	2:39:07	33,5 km/h	0:50:48	0:47:15	0:56:52	01:53	147	1:58:59	5:40 m/km	08:28	31:49	33:15	34:41	10:48	5:11:37
107	274	Javier Nieves Garcia	12	M40-44	73	34:51	02:54	80	2:38:29	33,7 km/h	0:51:01	0:47:11	0:55:37	01:49	150	1:59:13	5:41 m/km	08:04	31:48	34:13	35:51	09:18	5:12:32
108	44	Jose Antonio Gonzalez Puig	35	M30-34	109	37:14	02:37	99	2:40:44	33,1 km/h	0:51:54	0:47:37	0:57:05	01:33	123	1:54:55	5:28 m/km	07:11	29:56	32:39	34:13	10:58	5:12:52
109	181	Oriol Mercade Canals	14	M25-29	121	37:42	02:02	126	2:44:02	32,4 km/h	0:53:57	0:48:55	0:57:26	01:43	98	1:51:21	5:18 m/km	06:57	30:07	31:34	33:30	09:15	5:13:03
110	50	Ferran Ruiz	7	M45-49	114	37:22	02:18	85	2:39:08	33,5 km/h	0:52:25	0:47:15	0:55:06	02:04	136	1:57:10	5:35 m/km	07:31	30:10	32:57	35:52	10:42	5:13:39

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1°	2°	3°	T2	Pos Carrera	Vel	1°	2°	3°	4°	5°	Temps Oficial			
111	141	Miquel Bennasar Esteva	15	M25-29	156	39:14	02:58	96	2:40:18	33,7 km/h	0:51:32	0:47:09	0:55:10	03:31	118	1:54:15	5:26 m/km	07:10	30:05	32:57	34:49	09:17	5:13:47
112	68	Jordi Monés I Carlla	2	M50-54	92	36:43	05:23	123	2:43:45	33,5 km/h	0:53:13	0:47:08	0:54:27	03:36	117	1:54:11	5:26 m/km	07:40	32:17	33:33	32:28	08:15	5:14:38
113	258	Jose Yañez Gomez	8	M45-49	162	39:36	02:17	119	2:43:31	32,9 km/h	0:52:54	0:47:45	0:57:00	03:37	105	1:52:15	5:21 m/km	07:04	28:57	31:30	34:16	10:31	5:15:22
114	202	Darren Moutrey	13	M40-44	184	41:01	03:08	138	2:46:08	32,3 km/h	0:54:15	0:49:23	0:57:00	02:23	84	1:48:26	5:10 m/km	07:10	29:59	31:01	32:04	08:14	5:15:34
115	246	Eduardo Lopez Cano	5	M20-24	29	32:52	03:36	111	2:42:41	33,4 km/h	0:51:39	0:46:33	0:57:24	03:31	155	2:00:04	5:43 m/km	08:48	30:31	35:34	35:47	09:27	5:15:37
116	73	Marcel Navarro Báguena	6	M20-24	50	33:57	03:17	154	2:49:02	31,7 km/h	0:55:08	0:49:16	0:59:23	02:00	110	1:52:51	5:22 m/km	07:27	30:18	32:11	33:40	09:16	5:15:48
117	67	Jaume Morros Martinez	14	M40-44	150	38:59	02:45	92	2:39:59	33,6 km/h	0:51:53	0:47:41	0:54:48	02:54	141	1:57:37	5:36 m/km	07:32	29:53	34:20	36:23	09:31	5:16:35
118	302	Luciana Bermudez	F 2	F35-39	38	33:17	01:23	144	2:47:19	31,6 km/h	0:55:20	0:50:23	0:58:40	01:35	132	1:56:09	5:32 m/km	08:12	32:00	33:08	33:37	09:14	5:16:45
119	30	Jean-Yves Gautier	1	+60	171	40:01	03:31	153	2:48:55	31,8 km/h	0:54:26	0:50:10	0:58:42	02:08	80	1:48:06	5:09 m/km	07:23	29:19	31:33	31:18	08:36	5:17:01
120	71	Miguel Aldasoro Vasarhelyi	15	M40-44	100	37:02	02:34	100	2:40:51	33,2 km/h	0:51:07	0:47:36	0:57:27	02:09	153	1:59:45	5:42 m/km	07:41	31:50	35:57	35:11	09:08	5:17:37
121	204	Joan Juncarol Reguant	9	M45-49	91	36:40	02:30	101	2:41:03	33,1 km/h	0:52:38	0:46:34	0:57:36	01:46	154	2:00:03	5:43 m/km	07:52	29:22	32:07	38:37	12:07	5:17:45
122	145	Angel Melendez Borrás	7	M20-24	78	35:07	02:05	46	2:33:15	34,7 km/h	0:48:40	0:44:23	0:56:21	01:48	193	2:09:25	6:10 m/km	07:42	33:41	35:03	41:13	11:48	5:17:46
123	238	Joan Carles Vizcaino Lapaz	16	M40-44	264	55:00	02:41	32	2:29:42	35,7 km/h	0:48:59	0:44:23	0:51:50	01:51	111	1:53:06	5:23 m/km	07:19	30:20	31:41	33:58	09:50	5:17:47
124	322	Maria Eugenia Gallastegui Alemany	F 3	F35-39	89	36:26	03:28	177	2:53:34	30,8 km/h	0:55:58	0:52:10	1:00:10	01:50	78	1:47:56	5:08 m/km	07:15	29:23	31:29	31:38	08:13	5:17:56
125	64	Oscar Mercadé López	16	M25-29	147	38:42	04:53	141	2:46:29	32,8 km/h	0:52:50	0:48:27	0:56:52	03:29	109	1:52:46	5:22 m/km	08:10	32:21	32:29	31:34	08:14	5:17:56
126	24	Ollivier Jean-Philippe	17	M40-44	188	41:23	02:48	113	2:42:48	33,0 km/h	0:52:12	0:48:26	0:56:29	02:55	119	1:54:18	5:27 m/km	07:37	31:05	32:48	33:59	08:51	5:18:29
127	312	Marta Ferrer Ferreres	F 2	F30-34	66	34:33	02:07	165	2:50:54	31,0 km/h	1:00:18	0:49:45	0:57:25	01:21	113	1:53:14	5:24 m/km	07:28	29:58	34:22	32:45	08:44	5:18:40
128	222	Marcelo Rodriguez Filgueiras	35	M35-39	108	37:13	03:50	158	2:49:44	31,9 km/h	0:53:20	0:50:05	0:59:14	03:17	101	1:51:57	5:20 m/km	07:26	30:05	32:21	33:28	08:40	5:18:54
129	260	Sergi Garcia Rincon	36	M30-34	71	34:42	03:11	143	2:46:49	32,5 km/h	0:52:39	0:48:46	0:58:04	04:11	138	1:57:27	5:36 m/km	07:45	31:14	33:45	35:44	09:00	5:18:57
130	75	Sergio Chalbaud	18	M40-44	15	30:49	02:19	148	2:48:23	31,7 km/h	0:50:14	0:58:37	0:54:50	02:25	156	2:00:38	5:45 m/km	08:14	33:11	34:20	35:01	09:53	5:19:48
131	150	Miquel Esteva Villalonga	17	M25-29	79	35:09	02:19	133	2:45:20	32,1 km/h	0:54:24	0:49:53	0:57:14	01:32	157	2:00:52	5:45 m/km	08:05	32:15	34:00	36:06	10:28	5:21:20
132	128	Alberto Aparicio Martinez	36	M35-39	128	37:58	02:37	90	2:39:46	33,5 km/h	0:51:47	0:47:43	0:55:38	02:02	178	2:05:26	5:58 m/km	07:50	30:52	36:59	39:18	10:29	5:23:10

Extrem Man - Menorca 113

Fornells

Diurne, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
133	121	Joaquin Garces Marti	10	M45-49	135	38:20	03:28	112	2:42:47	33,2 km/h	0:51:52	0:47:10	0:57:18	03:00	162	2:02:12	5:49 m/km	08:21	34:08	34:47	35:24	09:35	5:23:17
134	12	Oriol Delgado Catevilla	8	M20-24	40	33:26	02:15	124	2:43:50	32,6 km/h	0:55:01	0:47:38	0:56:40	02:17	186	2:07:10	6:03 m/km	07:11	32:54	37:36	38:41	10:50	5:24:25
135	21	Ormiere Thierry	3	M50-54	141	38:28	03:07	145	2:47:56	31,9 km/h	0:54:24	0:50:02	0:58:20	02:05	148	1:59:00	5:40 m/km	09:07	32:26	33:20	34:52	09:17	5:25:23
136	147	Unai Elorza Garayo	37	M35-39	269	59:11	02:47	102	2:41:04	33,2 km/h	0:52:06	0:47:50	0:56:21	02:02	69	1:45:44	5:02 m/km	06:44	28:09	31:33	31:05	08:15	5:25:59
137	305	Laetitia Jourdan	F 1	F25-29	83	35:21	02:25	147	2:48:05	31,7 km/h	0:56:08	0:49:28	0:57:54	02:13	164	2:02:57	5:51 m/km	08:49	35:07	34:46	34:54	09:23	5:26:23
138	253	Pablo Wilhelmi Ferrer	38	M35-39	136	38:20	04:00	176	2:53:31	31,1 km/h	0:56:05	0:51:09	0:59:33	02:46	121	1:54:39	5:28 m/km	07:27	29:42	31:42	35:17	10:31	5:26:29
139	304	Edurne Inza Echeverria	F 3	F30-34	97	36:58	03:51	164	2:50:32	31,5 km/h	0:55:22	0:50:01	0:59:19	02:01	149	1:59:11	5:41 m/km	07:48	32:43	35:21	34:41	08:40	5:26:41
140	180	Carlos Contreras Busquets	19	M40-44	241	46:11	03:18	149	2:48:24	32,0 km/h	0:55:15	0:49:54	0:57:11	02:47	106	1:52:18	5:21 m/km	07:45	31:23	31:41	32:07	09:24	5:26:52
141	190	Victor Almirall Horna	18	M25-29	117	37:32	02:29	152	2:48:34	31,7 km/h	0:54:29	0:50:27	0:58:38	02:34	158	2:01:13	5:46 m/km	07:40	33:40	35:11	35:19	09:25	5:27:18
142	54	David Sanchez Mas Deu	20	M40-44	60	34:16	02:50	171	2:51:47	31,6 km/h	0:55:21	0:49:58	0:58:41	04:58	159	2:01:22	5:47 m/km	08:02	32:28	33:44	36:29	10:42	5:27:23
143	301	Inmaculada Megino Lopez	F 4	F35-39	69	34:40	01:38	128	2:44:14	32,6 km/h	0:52:32	0:49:06	0:57:38	03:21	191	2:08:45	6:08 m/km	07:49	33:00	40:34	36:45	10:39	5:27:38
144	213	Albert Solanes Tauler	39	M35-39	198	42:28	04:38	162	2:50:10	32,0 km/h	0:54:40	0:50:18	0:57:20	03:16	126	1:55:11	5:29 m/km	07:22	30:17	32:38	35:45	09:11	5:27:48
145	98	Alejo Figueras De Abadal	9	M20-24	122	37:43	04:12	175	2:53:25	31,2 km/h	0:54:39	0:50:31	1:01:27	02:37	135	1:56:41	5:33 m/km	07:24	30:45	33:00	36:23	09:10	5:27:48
146	38	Daniel Gallardo Diví	40	M35-39	203	42:35	02:37	169	2:51:34	31,0 km/h	0:57:51	0:50:41	0:58:50	01:38	116	1:53:54	5:25 m/km	06:58	30:06	34:57	33:14	08:40	5:28:02
147	132	Jorge Tombo	19	M25-29	182	40:54	03:05	69	2:37:47	34,0 km/h	0:51:45	0:46:43	0:54:02	02:14	195	2:09:55	6:11 m/km	08:21	32:42	36:43	41:16	10:54	5:28:35
148	208	Noel Forne Valencia	21	M40-44	221	44:18	03:19	70	2:37:50	34,1 km/h	0:51:22	0:46:26	0:54:33	02:12	183	2:06:44	6:02 m/km	07:48	33:16	37:08	38:59	09:35	5:28:51
149	239	Raul Margeli	37	M30-34	56	34:06	02:49	122	2:43:44	32,7 km/h	0:51:51	0:49:31	0:57:36	01:59	205	2:11:54	6:17 m/km	09:09	35:15	37:57	38:47	10:48	5:29:43
150	26	Fourgous Vincent	22	M40-44	125	37:51	03:35	61	2:36:36	34,8 km/h	0:50:10	0:46:26	0:52:44	03:43	222	2:15:24	6:27 m/km	08:10	34:56	39:39	40:42	11:58	5:29:50
151	300	Gemma Anguera Sarret	F 2	F25-29	154	39:13	02:18	137	2:46:03	33,0 km/h	0:52:09	0:47:41	0:57:35	06:23	172	2:04:37	5:56 m/km	08:15	33:15	35:39	37:15	10:15	5:29:52
152	314	Maribel Morillas Fernandez	F 1	F40-44	245	46:33	02:55	151	2:48:34	31,9 km/h	0:55:35	0:49:56	0:57:15	02:55	124	1:54:58	5:28 m/km	08:09	32:25	32:22	33:03	09:01	5:30:04
153	63	Juan Manuel Nieto Arjona	41	M35-39	186	41:16	04:29	211	3:00:59	29,8 km/h	0:59:16	0:53:27	1:01:13	02:37	86	1:48:58	5:11 m/km	06:59	27:53	30:03	33:48	10:17	5:31:11
154	107	Nicola Carniato	42	M35-39	23	32:19	01:42	179	2:53:54	30,6 km/h	0:57:30	0:50:26	1:01:58	02:20	181	2:06:36	6:02 m/km	08:23	34:09	36:15	37:54	09:57	5:32:48

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1°	2°	3°	T2	Pos Carrera	Vel	1°	2°	3°	4°	5°	Temps Oficial			
155	69	Javier Mendizabal	23	M40-44	96	36:57	02:19	189	2:57:22	30,0 km/h	0:56:01	0:53:35	1:03:14	02:15	151	1:59:14	5:41 m/km	07:47	31:28	33:58	35:51	10:11	5:33:31
156	47	Fernando Sanahuja Miralles	38	M30-34	57	34:10	03:49	115	2:42:56	33,0 km/h	0:54:27	0:47:58	0:54:39	02:04	227	2:17:18	6:32 m/km	08:21	37:24	38:24	40:55	12:16	5:34:23
157	182	David Vilaseca Miro	43	M35-39	106	37:11	03:37	201	2:59:15	30,0 km/h	0:57:52	0:52:25	1:02:43	02:39	145	1:58:31	5:39 m/km	07:50	33:20	33:08	35:07	09:09	5:34:56
158	56	Carles Sabater Casals	24	M40-44	116	37:28	02:35	178	2:53:43	30,7 km/h	0:54:24	0:50:57	1:03:55	01:54	169	2:04:01	5:54 m/km	07:38	32:01	32:40	39:35	12:09	5:35:11
159	174	Sebastià Mesquida Barber	44	M35-39	214	43:21	04:11	210	3:00:55	29,9 km/h	0:56:09	0:59:28	0:58:13	02:56	103	1:52:05	5:20 m/km	07:15	30:16	32:08	33:15	09:11	5:36:19
160	42	Ivan Rovira Doñate	20	M25-29	101	37:03	02:16	224	3:04:13	28,8 km/h	1:01:37	0:56:14	1:02:24	01:44	128	1:55:16	5:29 m/km	07:36	31:43	32:03	34:10	09:45	5:36:31
161	87	Jordi Sagi Casals Llado	11	M45-49	170	39:59	02:24	117	2:43:26	33,8 km/h	0:51:13	0:47:37	0:54:54	07:20	211	2:13:07	6:20 m/km	08:06	36:08	38:36	40:24	09:55	5:36:31
162	191	Daniel Fernandez Martinez	21	M25-29	165	39:47	02:33	125	2:43:51	32,5 km/h	0:54:55	0:49:41	0:55:06	01:38	213	2:13:28	6:21 m/km	08:13	35:59	37:44	40:14	11:20	5:37:05
163	178	Paco Cuadrado Sanchez	39	M30-34	13	29:23	01:47	71	2:37:56	33,7 km/h	0:52:06	0:46:53	0:55:07	02:04	251	2:29:56	7:08 m/km	13:38	39:40	41:27	43:22	11:51	5:37:14
164	139	Tomeu López Ferrer	40	M30-34	151	39:02	03:07	146	2:48:05	33,1 km/h	0:51:33	0:47:37	0:57:46	08:04	196	2:10:16	6:12 m/km	09:53	33:38	36:37	40:30	09:41	5:37:22
165	288	Juver Aviles Olmo	45	M35-39	88	36:23	03:34	185	2:56:40	30,5 km/h	0:57:02	0:52:06	1:00:55	03:05	174	2:04:56	5:57 m/km	08:46	34:05	35:50	36:10	10:07	5:37:58
166	93	Massimo Malattia	12	M45-49	166	39:50	03:23	168	2:51:33	31,3 km/h	0:53:19	0:52:21	1:00:07	02:24	182	2:06:42	6:02 m/km	08:29	34:06	35:19	39:09	09:41	5:38:04
167	279	Pere Ferrer Morro	41	M30-34	248	47:04	03:44	205	3:00:04	30,0 km/h	0:58:04	0:53:41	1:01:16	03:21	97	1:50:59	5:17 m/km	07:31	31:07	31:15	32:29	08:38	5:38:06
168	131	Eduardo Marin Lacomá	42	M30-34	107	37:11	04:15	220	3:03:06	29,4 km/h	0:59:38	0:53:48	1:03:18	02:10	144	1:58:15	5:38 m/km	08:02	32:14	33:41	34:31	09:49	5:38:32
169	237	Guillermo Cañardo Cervera	46	M35-39	143	38:34	03:21	183	2:55:03	30,8 km/h	0:56:09	0:52:07	1:00:31	02:57	176	2:05:04	5:57 m/km	07:54	34:39	35:27	37:17	09:48	5:38:39
170	127	Peter Leupold	47	M35-39	224	44:40	04:11	191	2:57:53	30,3 km/h	0:58:42	0:52:19	1:00:22	02:21	133	1:56:14	5:32 m/km	07:42	34:18	32:02	33:08	09:06	5:38:46
171	94	Stefano Landriani	13	M45-49	223	44:24	03:33	159	2:49:46	31,6 km/h	0:55:31	0:50:20	0:58:29	01:55	175	2:04:59	5:57 m/km	08:30	33:28	36:25	37:11	09:27	5:39:09
172	249	Alejandro Aparicio Estrems	10	M20-24	249	47:05	02:21	94	2:40:12	34,4 km/h	0:50:39	0:45:58	0:54:13	07:04	206	2:12:07	6:17 m/km	07:44	35:07	38:42	40:13	10:23	5:39:24
173	110	Angel Gutierrez Iñiguez	25	M40-44	243	46:25	04:34	194	2:58:39	30,4 km/h	0:58:20	0:51:53	1:00:26	03:28	129	1:55:23	5:30 m/km	08:04	30:32	32:58	34:47	09:04	5:40:27
174	157	Jose Manuel Lourido Portela	26	M40-44	227	44:52	03:45	212	3:01:01	29,5 km/h	0:56:23	0:54:45	1:04:35	01:35	122	1:54:43	5:28 m/km	06:59	28:55	35:09	34:15	09:26	5:40:35
175	286	Miquel Torres Bosch	22	M25-29	35	33:10	01:38	62	2:36:52	33,9 km/h	0:53:47	0:46:00	0:53:33	01:56	256	2:31:07	7:12 m/km	08:00	34:46	43:51	47:33	16:59	5:41:08
176	231	Manuel Carrero Muñoz	48	M35-39	200	42:31	05:04	207	3:00:34	30,3 km/h	0:57:18	0:53:35	1:00:20	04:19	146	1:58:56	5:40 m/km	08:01	32:54	33:46	35:23	08:54	5:42:01

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
177	254	Raimundo Garcia Del Moral	43	M30-34	235	45:18	05:42	200	2:59:14	30,5 km/h	0:57:55	0:52:28	0:59:55	03:15	139	1:57:31	5:36 m/km	08:00	29:38	34:05	36:28	09:22	5:42:02
178	269	Pedro Villalonga Pons	14	M45-49	159	39:21	04:06	209	3:00:52	29,9 km/h	0:58:26	0:54:39	1:00:21	03:23	163	2:02:35	5:50 m/km	07:59	32:29	34:05	37:36	10:28	5:42:46
179	261	Toni Muñoz García	44	M30-34	225	44:40	05:41	188	2:57:09	31,0 km/h	0:57:07	0:51:30	0:58:49	04:04	160	2:01:34	5:47 m/km	08:23	37:13	32:16	34:29	09:15	5:43:22
180	241	Manuel Gonzalez Garcia	49	M35-39	196	42:20	03:02	173	2:52:40	31,1 km/h	0:57:54	0:50:24	0:58:42	02:40	189	2:08:27	6:07 m/km	07:56	32:03	37:20	39:58	11:11	5:43:26
181	195	Daniel Duro Del Amo	23	M25-29	131	38:10	02:59	190	2:57:46	30,1 km/h	0:58:14	0:51:48	1:02:41	02:07	188	2:08:00	6:06 m/km	07:50	34:54	34:37	39:40	11:01	5:43:55
182	70	Josep Fiego Teixidor	50	M35-39	145	38:39	02:20	218	3:02:32	29,4 km/h	0:58:38	0:54:10	1:03:37	03:49	166	2:03:07	5:52 m/km	08:17	33:45	34:17	36:28	10:21	5:44:17
183	82	Alex Ramon Sanchez	51	M35-39	174	40:40	04:03	172	2:52:24	31,8 km/h	0:54:53	0:49:31	0:58:53	05:07	202	2:11:19	6:15 m/km	08:07	34:33	38:10	39:41	10:50	5:44:22
184	152	Baltasar C. Ramis Morey	27	M40-44	187	41:22	03:23	79	2:38:28	34,4 km/h	0:50:55	0:46:28	0:53:18	04:25	246	2:24:56	6:54 m/km	08:42	37:48	41:21	43:52	13:14	5:44:45
185	199	Raul Cano Vila	45	M30-34	215	43:22	02:28	193	2:58:08	29,9 km/h	0:59:49	0:52:37	1:01:01	02:15	168	2:03:41	5:53 m/km	08:00	34:25	36:22	35:53	09:02	5:45:10
186	134	Jaume Garcia Pellicer	24	M25-29	204	42:36	05:45	247	3:13:26	28,2 km/h	0:55:32	1:03:48	1:04:53	03:30	88	1:49:17	5:12 m/km	08:34	27:44	31:30	32:46	08:45	5:45:18
187	101	Fabián Blanco Ortiz	15	M45-49	272	02:11	03:00	160	2:49:56	31,5 km/h	0:55:58	0:50:49	0:58:11	02:00	114	1:53:33	5:24 m/km	08:59	31:09	32:10	32:16	09:02	5:45:40
188	316	Ana Llaquet Pibernat	F 2	F40-44	191	41:46	05:29	249	3:13:55	28,2 km/h	1:01:11	0:57:18	1:05:54	04:05	94	1:50:04	5:14 m/km	07:47	30:18	31:10	31:55	08:55	5:45:43
189	125	Angel Perez Ferreras	28	M40-44	130	38:04	03:20	120	2:43:43	32,9 km/h	0:52:43	0:48:22	0:56:41	02:38	243	2:24:08	6:52 m/km	08:06	34:51	41:27	45:00	14:46	5:45:54
190	200	Pau Farràs Berdejo	25	M25-29	84	35:22	02:59	213	3:01:22	29,6 km/h	0:57:51	0:53:10	1:04:10	03:13	192	2:09:17	6:09 m/km	08:46	34:31	34:41	39:13	12:08	5:45:59
191	243	Stephan Ceresuela	29	M40-44	253	48:30	04:06	163	2:50:15	31,7 km/h	0:54:54	0:50:19	0:58:32	02:25	187	2:07:18	6:04 m/km	08:17	35:17	36:36	37:26	09:45	5:46:03
192	284	F. Javier García Navarro	26	M25-29	219	43:59	03:25	180	2:54:22	30,9 km/h	0:57:38	0:49:57	1:00:38	02:46	190	2:08:36	6:07 m/km	07:17	30:53	35:10	43:02	12:16	5:46:56
193	164	Jaime Riera Bassa	30	M40-44	242	46:17	02:13	95	2:40:16	33,4 km/h	0:51:43	0:47:46	0:56:04	02:32	235	2:20:35	6:42 m/km	08:18	33:31	39:44	45:20	13:44	5:47:07
194	129	Rafael Mediavilla Medina	16	M45-49	169	39:56	03:28	166	2:50:56	31,4 km/h	0:54:22	0:50:45	0:59:58	02:26	225	2:16:28	6:30 m/km	09:06	35:40	39:39	41:26	10:39	5:47:19
195	224	Ignacio Cepeda Fernández-Miranda	4	M50-54	240	46:10	05:35	229	3:05:20	29,4 km/h	0:57:17	0:53:57	1:05:08	03:25	131	1:56:03	5:32 m/km	07:42	31:55	32:46	34:06	09:36	5:47:32
196	221	Enric Corominas Gil	52	M35-39	148	38:54	04:26	225	3:05:01	29,2 km/h	0:59:12	0:54:52	1:03:49	02:44	173	2:04:49	5:57 m/km	07:21	33:56	36:11	36:48	10:35	5:48:43
197	271	Fernando Malet Casajuana	1	M55-59	222	44:21	05:37	232	3:06:13	29,4 km/h	0:58:59	0:53:27	1:04:05	04:07	143	1:58:13	5:38 m/km	08:09	31:55	33:36	34:42	09:53	5:48:47
198	48	Xavier Sanz Garcia	27	M25-29	207	42:39	03:02	227	3:05:13	28,9 km/h	0:59:19	0:53:01	1:06:58	02:54	161	2:01:40	5:48 m/km	08:13	33:51	35:29	35:12	08:57	5:49:31

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
199	111	Paul Clare	17	M45-49	237	45:54	02:33	161	2:50:00	31,4 km/h	0:55:38	0:50:50	0:58:49	02:11	214	2:13:52	6:22 m/km	07:56	35:11	39:35	42:01	09:10	5:49:45
200	194	Victor Vazquez Garrido	28	M25-29	206	42:38	03:47	217	3:02:22	29,5 km/h	0:57:56	0:54:40	1:03:30	02:31	177	2:05:15	5:58 m/km	07:26	32:17	36:08	38:29	10:57	5:50:14
201	262	Antonio Febrer Villalonga	46	M30-34	216	43:29	03:07	187	2:56:45	30,4 km/h	0:58:03	0:52:07	1:00:37	02:54	198	2:10:24	6:13 m/km	08:40	34:01	36:54	39:08	11:43	5:50:37
202	226	Ruben Bonet Romero	31	M40-44	30	32:57	03:07	142	2:46:37	32,4 km/h	0:53:39	0:48:40	0:57:44	03:30	258	2:31:15	7:12 m/km	08:15	37:02	44:09	49:06	12:44	5:50:48
203	188	Oriol Cañellas Pujals	47	M30-34	179	40:51	03:53	181	2:54:33	31,0 km/h	0:55:57	0:50:16	1:01:19	03:10	224	2:15:49	6:28 m/km	08:52	38:09	38:08	39:19	11:23	5:51:12
204	167	Joan Soria Armada	32	M40-44	257	51:16	02:46	174	2:52:59	30,9 km/h	0:56:01	0:51:16	1:00:28	02:31	185	2:07:05	6:03 m/km	08:32	33:30	36:52	38:16	09:57	5:51:19
205	240	Joan Montaner Soldevila	33	M40-44	142	38:30	02:52	215	3:01:52	29,5 km/h	1:00:06	0:53:33	1:02:06	03:16	201	2:11:07	6:15 m/km	08:38	35:23	37:25	39:27	10:17	5:51:28
206	25	Le Moing Eric	34	M40-44	157	39:18	03:15	204	3:00:02	29,9 km/h	0:53:55	1:01:18	0:58:28	03:07	207	2:12:18	6:18 m/km	08:55	35:21	38:10	40:17	09:36	5:51:37
207	95	Oscar Gagini	18	M45-49	231	45:03	03:07	234	3:07:08	28,5 km/h	1:02:38	0:55:45	1:03:33	02:07	152	1:59:35	5:42 m/km	08:23	33:32	32:17	36:22	09:02	5:51:44
208	252	Pere Moncàs Miralles	35	M40-44	172	40:03	02:36	206	3:00:07	29,7 km/h	0:59:33	0:54:27	1:01:01	02:31	204	2:11:40	6:16 m/km	07:59	36:07	38:02	39:12	10:22	5:51:49
209	172	Xavier Taltavull Balaguer	11	M20-24	127	37:54	03:20	196	2:58:47	30,1 km/h	0:58:08	0:51:52	1:02:41	02:50	219	2:15:13	6:26 m/km	07:26	31:17	37:18	47:04	12:10	5:51:54
210	177	Antoni Medina Piris	36	M40-44	175	40:41	03:13	155	2:49:10	32,0 km/h	0:53:46	0:49:26	0:58:50	03:58	241	2:22:44	6:48 m/km	09:42	34:33	39:17	46:57	12:17	5:52:34
211	257	Ramon Casals Salamanca	37	M40-44	213	43:14	02:29	150	2:48:27	31,8 km/h	0:53:32	0:50:18	0:59:26	02:45	237	2:21:17	6:44 m/km	08:32	38:06	40:38	42:54	11:08	5:52:57
212	276	Carles Gimenez Carballo	53	M35-39	205	42:37	03:04	203	3:00:02	29,6 km/h	0:58:20	0:53:16	1:03:35	01:49	199	2:10:31	6:13 m/km	09:04	37:14	37:42	37:04	09:29	5:53:09
213	97	Tomas Melero Martin	5	M50-54	65	34:24	03:50	231	3:05:53	28,8 km/h	0:59:41	0:55:02	1:05:22	02:00	210	2:13:02	6:20 m/km	08:28	35:47	36:58	40:58	10:52	5:53:18
214	324	Pilar Morlà Subirats	F 3	F40-44	112	37:20	03:27	221	3:03:06	28,5 km/h	0:59:28	0:53:55	1:08:54	02:36	212	2:13:14	6:21 m/km	09:39	35:01	36:13	36:38	15:45	5:53:39
215	41	Alvar Pellejero Monells	54	M35-39	208	43:03	02:03	223	3:03:51	28,9 km/h	0:58:27	0:57:04	1:04:04	02:15	184	2:06:59	6:03 m/km	08:13	36:49	35:02	37:02	09:55	5:53:53
216	187	Luigi Salmoiraghi	55	M35-39	181	40:53	02:54	182	2:54:35	30,7 km/h	0:55:17	0:52:44	1:01:00	02:42	232	2:18:40	6:36 m/km	08:43	37:46	39:00	41:13	11:59	5:54:07
217	283	Sergi Fernandez Rodriguez	29	M25-29	209	43:05	06:02	230	3:05:27	29,3 km/h	0:58:28	0:53:49	1:04:35	02:34	179	2:05:42	5:59 m/km	09:13	35:10	34:44	36:35	10:01	5:54:13
218	113	José Miguel Maté Salgado	19	M45-49	161	39:29	05:21	238	3:08:44	28,8 km/h	0:59:20	0:54:34	1:06:09	03:22	180	2:06:13	6:01 m/km	09:04	32:31	35:43	37:58	10:59	5:54:24
219	205	Gerard Vivo Escudero	48	M30-34	132	38:12	01:50	262	3:20:17	27,1 km/h	0:53:18	1:08:53	1:09:01	07:16	130	1:55:58	5:31 m/km	07:31	30:59	30:38	37:26	09:27	5:54:26
220	79	Antonin Mickael	56	M35-39	177	40:49	02:39	184	2:55:52	30,6 km/h	0:54:24	0:52:46	1:02:31	03:34	231	2:18:33	6:36 m/km	08:51	35:15	38:55	43:22	12:13	5:55:13

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1°	2°	3°	T2	Pos Carrera	Vel	1°	2°	3°	4°	5°	Temps Oficial			
221	206	Pedro Rebollo	49	M30-34	195	42:17	05:54	199	2:59:06	30,4 km/h	0:56:47	0:52:05	1:01:48	02:34	217	2:14:53	6:25 m/km	08:32	36:00	37:07	43:09	10:07	5:56:16
222	233	Jordi Rubio Bonet	50	M30-34	149	38:56	02:45	127	2:44:11	32,6 km/h	0:51:57	0:48:47	0:58:34	02:10	263	2:35:27	7:24 m/km	08:32	37:38	45:53	49:46	13:39	5:58:32
223	156	Toni Cañellas Moreno	30	M25-29	137	38:21	02:50	271	3:38:08	24,3 km/h	1:39:28	0:52:03	1:02:06	01:43	55	1:42:57	4:54 m/km	06:57	27:17	29:30	30:36	08:40	5:59:25
224	327	Mari Pons Gomila	F 4	F40-44	80	35:13	02:25	240	3:09:23	28,1 km/h	1:01:33	0:56:51	1:06:10	02:26	221	2:15:21	6:27 m/km	08:33	36:09	39:32	39:49	11:21	5:59:57
225	306	Silvia Oller Garay	F 5	F35-39	126	37:54	04:33	244	3:12:28	28,0 km/h	1:02:35	0:56:31	1:06:04	02:47	194	2:09:41	6:11 m/km	14:20	32:43	35:23	35:35	11:42	6:00:01
226	27	Rouviere Christophe	20	M45-49	220	44:15	04:09	208	3:00:43	30,3 km/h	0:56:39	0:52:11	1:02:16	05:30	220	2:15:18	6:27 m/km	08:52	35:35	38:03	42:18	10:32	6:00:15
227	53	Jordi Dasca Cavaller	21	M45-49	251	47:33	04:02	197	2:58:55	30,2 km/h	0:55:48	0:52:47	1:03:31	02:49	215	2:13:53	6:23 m/km	08:58	36:42	38:12	39:24	10:39	6:00:20
228	214	Pedro Bergillos Jimenez	57	M35-39	160	39:24	00:00	239	3:09:16	27,4 km/h	0:00:00	0:00:00	3:09:16	00:00	209	2:12:47	6:19 m/km	08:55	36:18	38:10	39:05	10:21	6:01:26
229	144	Rafael Vidal Tortosa	38	M40-44	192	42:02	03:05	156	2:49:31	31,6 km/h	0:52:40	0:49:23	1:02:16	02:09	255	2:30:37	7:10 m/km	08:18	37:09	42:27	49:37	13:09	6:02:09
230	185	Alfons Aguilar Cadanet	51	M30-34	133	38:14	03:05	233	3:06:19	28,8 km/h	0:59:25	0:55:08	1:05:23	03:21	230	2:18:14	6:35 m/km	08:53	37:10	41:04	41:04	10:05	6:02:46
231	272	Jose Luis Sintes Pons	22	M45-49	259	52:26	03:43	192	2:58:01	30,4 km/h	0:58:49	0:52:04	1:00:07	03:20	208	2:12:25	6:18 m/km	09:18	35:06	35:44	40:22	11:56	6:02:50
232	159	Luis Andrés Gomez Sanz	58	M35-39	185	41:14	03:55	170	2:51:40	31,5 km/h	0:55:09	0:50:32	0:59:11	02:55	257	2:31:08	7:12 m/km	09:24	39:58	42:42	46:41	12:25	6:04:02
233	198	Miguel Angel Lopez Ribera	39	M40-44	140	38:25	03:06	228	3:05:14	28,9 km/h	0:57:50	0:55:35	1:06:12	02:34	236	2:21:00	6:43 m/km	07:30	33:45	39:15	49:03	11:28	6:04:38
234	225	Rafael Toribio Medina	59	M35-39	255	49:15	05:10	214	3:01:42	30,1 km/h	0:56:21	0:51:43	1:04:27	04:02	218	2:14:54	6:25 m/km	07:51	32:15	41:50	43:13	09:49	6:05:50
235	60	Ernest Arnau Vergés	40	M40-44	265	55:21	05:44	222	3:03:24	30,0 km/h	0:57:42	0:52:55	1:02:10	04:55	200	2:10:44	6:14 m/km	08:32	35:24	36:43	39:08	11:00	6:09:28
236	321	Gema Gracia Ibañez	F 4	F30-34	202	42:33	03:01	246	3:12:54	27,9 km/h	1:03:12	0:57:11	1:05:41	03:51	216	2:14:50	6:25 m/km	08:53	37:09	38:36	39:05	11:08	6:10:17
237	234	Javier Castrodeza Via	2	M55-59	252	47:46	06:19	245	3:12:28	28,8 km/h	0:58:05	0:55:24	1:06:46	05:56	197	2:10:19	6:12 m/km	09:16	34:57	36:46	39:13	10:08	6:10:32
238	49	Pablo Turletti	41	M40-44	263	53:17	02:34	202	2:59:39	29,7 km/h	0:58:20	0:54:10	1:02:30	02:06	229	2:18:11	6:35 m/km	09:01	38:20	40:37	39:45	10:30	6:11:06
239	325	Teresa Prior Morcillo	F 5	F40-44	262	53:01	04:38	236	3:07:33	28,9 km/h	1:00:07	0:55:36	1:04:00	03:14	203	2:11:37	6:16 m/km	08:45	36:33	37:39	38:12	10:29	6:12:10
240	307	Marta Garcia Esteve	F 5	F30-34	229	45:00	02:31	265	3:23:35	26,1 km/h	1:15:03	0:55:35	1:08:18	02:10	171	2:04:25	5:55 m/km	08:27	35:20	35:27	35:30	09:43	6:12:59
241	227	Dor Jean Francois	52	M30-34	258	52:02	02:17	195	2:58:44	29,8 km/h	0:57:26	0:53:22	1:03:08	02:32	239	2:22:26	6:47 m/km	08:45	39:20	40:46	42:04	11:34	6:13:11
242	109	Jordi Batista Blanco	60	M35-39	247	46:37	03:24	198	2:58:57	30,1 km/h	0:56:55	0:51:29	1:04:12	02:59	253	2:30:28	7:10 m/km	08:17	32:49	39:32	52:47	17:04	6:16:00

Extrem Man - Menorca 113

Fornells

Diurne, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	TI	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
243	154	Hernan Velez Patiño	61	M35-39	201	42:32	04:32	257	3:17:51	26,8 km/h	1:03:57	0:57:36	1:11:48	00:00	223	2:15:46	6:28 m/km	13:05	33:54	38:54	39:49	10:05	6:16:08
244	212	Alfonso Carcasona	23	M45-49	233	45:05	06:04	248	3:13:42	28,4 km/h	0:59:46	0:56:13	1:06:45	04:55	233	2:18:57	6:37 m/km	09:27	33:16	39:39	43:53	12:43	6:17:43
245	326	Mª Jesus Morla Subirats	F 6	F40-44	239	46:04	03:46	251	3:14:16	27,2 km/h	1:02:41	0:58:57	1:08:54	00:00	228	2:18:02	6:34 m/km	11:32	35:55	38:59	40:40	10:58	6:18:22
246	165	Antonio Rossello Mora	62	M35-39	273	03:05	02:45	186	2:56:41	30,3 km/h	0:57:11	0:52:56	1:01:02	02:48	238	2:21:31	6:44 m/km	09:01	38:39	40:58	43:30	09:25	6:21:16
247	186	Victor Perez Villalta	31	M25-29	244	46:28	04:21	216	3:02:01	29,6 km/h	0:56:45	0:53:48	1:04:40	02:29	261	2:33:59	7:20 m/km	09:48	40:16	41:54	48:12	13:51	6:22:28
248	311	Andrea Di Bella	F 6	F30-34	228	44:53	01:40	260	3:19:00	26,6 km/h	1:06:07	1:00:43	1:08:35	01:57	234	2:20:14	6:41 m/km	09:08	36:37	41:25	41:29	11:37	6:24:07
249	52	Jordi Cugat Mata	53	M30-34	256	50:16	02:44	219	3:02:35	29,6 km/h	0:57:13	0:54:07	1:03:53	04:39	259	2:31:22	7:12 m/km	31:30	41:31	21:21	45:28	11:35	6:24:12
250	220	Borja Alonso Castellet	32	M25-29	226	44:41	03:41	235	3:07:21	28,9 km/h	0:59:13	0:54:48	1:05:36	04:04	260	2:32:57	7:17 m/km	09:36	39:29	41:29	45:48	16:37	6:24:58
251	219	Ignacio Alonso Castellet	54	M30-34	168	39:55	04:39	261	3:19:14	27,0 km/h	1:00:29	0:54:24	1:17:16	02:28	248	2:25:52	6:57 m/km	09:19	37:40	41:03	45:04	12:48	6:24:59
252	137	Miguel Melsion	63	M35-39	102	37:07	03:49	264	3:22:36	26,7 km/h	1:05:50	0:59:17	1:09:33	04:08	247	2:25:39	6:56 m/km	08:53	37:35	42:56	44:07	12:09	6:25:20
253	83	Agustin Canales Trashorras	64	M35-39	232	45:04	03:23	243	3:11:47	28,0 km/h	1:01:51	0:56:01	1:07:37	02:57	252	2:30:16	7:09 m/km	09:59	39:50	42:43	45:45	12:02	6:27:06
254	242	Nick Marriott	65	M35-39	234	45:13	04:41	263	3:22:00	26,8 km/h	1:03:27	0:59:29	1:10:24	04:01	245	2:24:37	6:53 m/km	08:57	36:59	42:58	43:47	11:58	6:31:48
255	264	Tobal Olives Gomila	42	M40-44	146	38:41	03:46	273	3:49:03	23,5 km/h	1:24:25	1:01:36	1:15:11	04:06	170	2:04:15	5:55 m/km	08:48	35:04	35:50	35:09	09:26	6:31:58
256	248	David Garcia Marles	66	M35-39	230	45:01	04:21	250	3:14:05	27,4 km/h	1:04:37	0:58:41	1:06:27	00:00	262	2:35:11	7:23 m/km	16:35	36:39	43:21	46:36	12:01	6:34:16
257	229	Antoni Cammany Dorr	6	M50-54	218	43:54	07:30	252	3:15:00	27,7 km/h	1:01:48	0:56:53	1:08:49	00:00	264	2:35:52	7:25 m/km	16:12	37:45	42:21	46:33	13:03	6:34:45
258	216	Jordi Castella Gomez	55	M30-34	236	45:52	07:40	241	3:10:01	29,4 km/h	0:59:30	0:53:01	1:03:47	06:04	266	2:41:12	7:41 m/km	10:59	43:06	45:34	48:52	12:43	6:37:04
259	266	Ramón Jose Mulet Pacis	43	M40-44	270	59:11	04:42	254	3:15:23	27,9 km/h	1:02:00	0:56:41	1:07:30	04:32	240	2:22:35	6:47 m/km	09:35	37:18	40:09	43:15	12:21	6:37:09
260	280	Jesus Horno Gutierrez	24	M45-49	268	57:48	08:10	253	3:15:20	28,7 km/h	1:00:28	0:55:02	1:05:06	06:36	242	2:24:02	6:52 m/km	08:26	37:08	43:26	42:43	12:20	6:37:09
261	310	Anna Lipniacka	F 1	F50-54	261	52:46	08:24	267	3:28:13	26,0 km/h	1:08:13	1:00:43	1:10:45	00:11	226	2:16:36	6:30 m/km	12:36	36:17	37:16	40:05	10:25	6:37:34
262	19	Franck Turban	44	M40-44	211	43:11	04:28	226	3:05:01	29,6 km/h	0:57:26	0:52:14	1:05:57	04:58	271	2:52:10	8:12 m/km	09:22	43:12	48:11	56:51	14:35	6:40:20
263	259	Eugenio Fernandez-Rico	56	M30-34	271	59:30	04:19	255	3:17:14	27,3 km/h	1:04:11	0:58:06	1:07:38	03:01	244	2:24:15	6:52 m/km	09:37	39:07	41:06	42:38	11:49	6:40:59
264	273	Alfonso Piqué Marquès	12	M20-24	267	56:20	03:13	258	3:18:09	26,6 km/h	1:03:51	0:59:11	1:11:45	00:11	254	2:30:34	7:10 m/km	10:01	32:05	41:52	50:28	16:10	6:45:03

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

<i>Pos Gen</i>	<i>Dorsal</i>	<i>Nom i Llinatges</i>	<i>Pos</i>	<i>Cat</i>	<i>Pos Natació</i>	<i>TI</i>	<i>Pos Ciclisme</i>	<i>Vel</i>	<i>1°</i>	<i>2°</i>	<i>3°</i>	<i>T2</i>	<i>Pos Carrera</i>	<i>Vel</i>	<i>1°</i>	<i>2°</i>	<i>3°</i>	<i>4°</i>	<i>5°</i>	<i>Temps Oficial</i>			
265	59	Jordi Español Muntaner	25	M45-49	212	43:11	02:52	256	3:17:22	27,5 km/h	1:03:11	0:57:56	1:07:25	05:59	267	2:46:55	7:57 m/km	09:14	45:56	49:28	49:24	12:56	6:47:26
266	100	Jose Manuel Llado Arburua	26	M45-49	254	49:10	05:07	242	3:10:33	28,0 km/h	1:01:26	0:57:19	1:06:43	00:00	269	2:49:40	8:05 m/km	14:17	42:14	47:02	50:50	15:18	6:49:22
267	265	Andres Cardona Bosch	67	M35-39	260	52:33	03:41	237	3:07:42	28,7 km/h	0:56:45	0:53:57	1:10:02	03:19	270	2:51:13	8:09 m/km	09:43	47:47	48:00	51:53	13:52	6:51:27
268	267	Salvador Timoner Benejam	7	M50-54	266	55:42	05:18	268	3:29:25	25,9 km/h	1:07:58	1:00:57	1:11:34	03:40	250	2:26:54	7:00 m/km	09:08	36:47	41:56	47:32	11:34	6:52:00
269	230	Rafael Sebastian Quetglas	3	M55-59	250	47:08	02:43	272	3:40:32	24,4 km/h	1:14:27	1:02:12	1:16:11	05:00	249	2:26:06	6:57 m/km	09:53	40:30	42:07	42:48	10:50	6:53:45
270	133	Sergi Garcia Durany	33	M25-29	139	38:24	06:33	266	3:26:37	26,6 km/h	1:02:42	1:00:23	1:12:07	04:54	268	2:49:11	8:03 m/km	09:54	43:08	52:31	51:12	12:27	6:54:11
271	217	Victor Tarensi Gonzalez	57	M30-34	238	45:54	07:38	259	3:18:20	28,0 km/h	1:03:26	0:58:08	1:03:57	05:14	272	2:52:15	8:12 m/km	13:22	47:09	50:48	48:04	12:54	6:56:29
272	315	Ghislaine Caminotto	F 2	F50-54	246	46:34	03:36	270	3:37:26	24,6 km/h	1:10:59	1:04:48	1:15:26	02:38	265	2:36:58	7:28 m/km	10:18	43:22	45:25	45:46	12:09	7:00:56
273	313	Montse López Ribas	F 7	F30-34	210	43:08	05:00	269	3:34:41	25,1 km/h	1:06:45	1:03:29	1:16:54	02:35	273	3:25:23	9:47 m/km	11:24	52:22	01:07	05:47	14:45	7:43:10

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113 - Equipos de Relleus

INSCRITOS: 410

FINALIZADOS: 302

RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	T1	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
1	365	Ivan Canet, Toni Huguet y Alfredo Portella	1	Relleus	2	29:18	01:08	1	2:12:33	39,8 km/h	0:44:12	0:40:16	0:46:04	00:54	4	1:25:10	4:03 m/km	05:53	23:10	23:50	24:56	07:23	4:07:00
2	360	Rafel Quintana, Octavio Portella y J Damian Salort	2	Relleus	21	39:52	03:55	2	2:14:50	40,1 km/h	0:39:13	0:41:25	0:48:43	01:35	3	1:22:14	3:55 m/km	04:48	21:13	23:39	25:22	07:13	4:16:55
3	359	Luis Portella, Andres Pulido y Bonifacio Redondo	3	Relleus	1	28:09	01:19	8	2:27:08	37,1 km/h	0:48:17	0:42:57	0:48:36	06:01	5	1:25:17	4:04 m/km	05:54	23:12	23:34	25:09	07:29	4:20:33
4	352	Antoni Anglada, Pere Comella y Toni Galvez	4	Relleus	10	34:07	01:32	7	2:25:25	36,4 km/h	0:48:09	0:44:13	0:50:19	01:14	2	1:21:29	3:53 m/km	05:51	22:30	23:17	23:37	06:15	4:21:00
5	349	Biel De La Fuente, Pilar Florit y Francisco Marti	5	Relleus	6	32:28	01:12	3	2:16:37	38,6 km/h	0:44:49	0:41:23	0:48:08	01:08	12	1:35:46	4:34 m/km	06:42	26:19	27:10	27:56	07:42	4:24:50
6	369	Samuel Camps, Carlos Gener y Francesc Pons	6	Relleus	4	31:09	01:18	6	2:24:28	36,5 km/h	0:48:04	0:43:04	0:50:59	01:06	6	1:30:38	4:19 m/km	06:42	25:16	25:28	25:50	07:23	4:26:14
7	336	Pere Amadó, Xavier Garcia y Anna Penadès	7	Relleus	11	34:20	01:33	4	2:18:41	38,2 km/h	0:46:13	0:41:29	0:48:19	01:08	15	1:40:39	4:48 m/km	06:35	26:22	28:49	30:53	08:02	4:33:39
8	361	Pedro Goñalons, Carlos Perches y Antonio Riera	8	Relleus	12	34:27	01:51	10	2:34:17	34,3 km/h	0:51:50	0:46:02	0:53:19	01:17	8	1:32:38	4:25 m/km	06:50	25:53	26:05	26:31	07:22	4:41:22
9	353	Margarita Ametller, Sofia Moll y Esther Moll	9	Relleus	5	31:17	01:10	9	2:31:48	34,7 km/h	0:50:14	0:45:44	0:53:35	01:06	16	1:41:26	4:50 m/km	07:22	28:10	28:50	28:59	08:08	4:44:30
10	366	Juan C. Gregorio, Rafa Muñoz y Xavi Sintes	10	Relleus	24	40:58	01:58	11	2:34:53	34,2 km/h	0:52:54	0:46:34	0:52:21	01:08	10	1:34:05	4:29 m/km	06:41	26:20	26:36	26:58	07:32	4:49:55
11	351	Ruben Caberol, Jordi Calduch y Aida Pintó	11	Relleus	3	29:19	01:15	27	3:01:08	29,0 km/h	0:58:24	0:55:18	1:05:14	01:00	1	1:20:29	3:50 m/km	06:12	22:34	22:46	22:37	06:23	4:50:56
12	348	Jesús Ferrer, Mateu Marqués y Francisco Vinent	12	Relleus	13	34:54	02:02	20	2:46:23	31,8 km/h	0:54:34	0:50:02	0:58:37	01:10	7	1:32:20	4:24 m/km	06:59	26:43	25:59	25:32	07:08	4:53:36
13	357	Guillermo Artigues y Guillermo Rios	13	Relleus	7	33:14	01:35	18	2:43:20	32,3 km/h	0:53:21	0:50:18	0:56:56	01:11	13	1:38:37	4:42 m/km	07:08	27:16	28:18	28:15	07:42	4:55:10
14	335	Daniel Galera, Rosa Garcia y Silvia Pined	14	Relleus	28	42:28	01:36	17	2:39:50	33,1 km/h	0:52:26	0:48:17	0:56:15	01:18	9	1:33:31	4:27 m/km	06:52	25:46	26:29	26:53	07:32	4:55:47
15	350	Ivan Gimeno, Ismael Perez y Edgard Pons	15	Relleus	14	35:05	01:34	15	2:38:37	33,3 km/h	0:52:35	0:47:39	0:55:34	01:17	17	1:44:52	5:00 m/km	06:57	28:29	29:49	30:11	09:27	4:58:34
16	368	Joan Esteva, Adolfo Benejam y Joan Villalonga	16	Relleus	9	33:45	01:26	5	2:21:53	37,3 km/h	0:47:44	0:42:32	0:49:04	01:09	25	2:07:32	6:04 m/km	07:03	32:01	36:40	40:42	11:07	5:03:09
17	342	Monica Minguez y Xavier Peña	17	Relleus	19	38:22	01:09	21	2:47:06	31,4 km/h	0:54:20	0:51:01	0:59:44	00:55	14	1:39:59	4:46 m/km	06:41	26:27	28:13	30:06	08:34	5:05:26
18	367	Toni Massot, Javier Poch y Emilio Rodriguez	18	Relleus	17	37:04	01:36	12	2:35:40	34,0 km/h	0:51:11	0:47:19	0:54:18	01:18	20	1:52:56	5:23 m/km	07:03	29:43	32:22	33:58	09:52	5:05:40
19	345	Alan Hancock, Robert Jelfs y Reece Illinghan	19	Relleus	15	35:22	02:48	16	2:39:00	33,5 km/h	0:53:35	0:46:37	0:54:45	01:16	22	1:56:12	5:32 m/km	07:40	32:23	32:55	34:04	09:11	5:10:33
20	344	Francisco J. Bosch, Jose Diaz y Pedro Gardes	20	Relleus	18	38:14	02:40	14	2:38:36	33,5 km/h	0:53:21	0:47:44	0:53:42	01:10	23	1:57:22	5:35 m/km	08:21	31:25	33:30	34:34	09:34	5:14:11
21	356	Henrietta Allhusen, Esther Davies y Anna Leigh	21	Relleus	20	38:26	01:33	19	2:44:23	32,1 km/h	0:53:51	0:49:37	0:58:13	01:12	21	1:54:18	5:27 m/km	07:54	31:12	33:07	32:55	09:12	5:17:06
22	354	Jaume Binimelis y Guillem Binimelis	22	Relleus	16	36:47	01:29	28	3:07:39	28,0 km/h	1:01:07	0:56:42	1:07:24	00:58	11	1:34:29	4:30 m/km	06:46	26:19	26:16	27:07	08:03	5:18:54

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113 - Equipos de Relleus

INSCRITOS: 410

FINALIZADOS: 302

RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	T1	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial			
23	362	Jonathan Dunnett y Emma Hancock y Fiona Tulloch	23	Relleus	22	40:48	01:49	24	2:52:01	30,7 km/h	0:55:53	0:53:04	0:59:53	01:24	19	1:52:09	5:20 m/km	08:58	33:44	32:03	30:15	07:11	5:24:56
24	363	Pau Carreras-Candi, Jordi Sanchis y Victor Suñer	24	Relleus	8	33:21	01:34	22	2:48:04	31,5 km/h	0:51:56	0:48:25	1:04:32	01:38	24	2:03:35	5:53 m/km	07:40	31:43	35:39	37:46	10:50	5:24:59
25	347	Alberto González y Txell Llinàs	25	Relleus	27	42:23	01:31	13	2:37:21	33,6 km/h	0:52:33	0:48:18	0:53:51	01:10	27	2:09:59	6:11 m/km	07:13	35:17	37:55	38:50	10:46	5:29:42
26	346	Manuel Calvo, Alfonso Hurtado, Jose M. Jimenez	26	Relleus	29	51:20	02:57	25	2:52:54	30,9 km/h	0:56:28	0:52:07	0:59:16	02:08	18	1:51:31	5:19 m/km	07:31	29:32	30:55	33:39	09:54	5:35:44
27	343	Gabriel Llull y Daniel Triay	27	Relleus	25	40:59	01:25	23	2:51:50	30,6 km/h	0:57:36	0:53:00	0:58:49	01:03	26	2:09:37	6:10 m/km	07:51	31:12	35:30	41:27	13:40	5:42:26
28	364	Joan Carreras, Ruben Marti y Lluís Mir	28	Relleus	23	40:54	02:32	26	2:59:40	29,6 km/h	0:58:17	0:54:48	1:02:20	01:46	29	2:33:09	7:18 m/km	08:07	32:34	40:30	56:35	15:25	6:13:42
29	355	Adela González, Andres Pueyo y Marcelo Puig	29	Relleus	26	42:04	02:39	29	3:47:45	23,2 km/h	1:08:58	1:09:02	1:25:39	01:28	28	2:12:46	6:19 m/km	09:11	34:55	37:00	40:23	11:19	6:42:34

Extrem Man - Menorca 113

Fornells

Diumenge, 25 de Setembre de 2011 07:30 Hores

Win Sports i Ajuntament des Mercadal



RESULTADOS : Extrem Man Menorca 113 - Retirats

INSCRITOS: 410 FINALIZADOS: 302 RETIRADOS: 11

Pos Gen	Dorsal	Nom i Llinatges	Pos	Cat	Pos Natació	T1	Pos Ciclisme	Vel	1º	2º	3º	T2	Pos Carrera	Vel	1º	2º	3º	4º	5º	Temps Oficial
85	Santiago José Mesado Gómez	1	M35-39	12	04:48	05:30	12	3:59:01	22,7 km/h	1:14:12	1:11:24	1:23:26	04:30	12	09:59	52:25	00:59			Ret.
245	Oscar Monteverde Lizandra	2	M35-39	4	32:24	02:11	4		-10,6 km/h	0:50:38	0:47:00		1							Ret.
193	Jordi Turon Villa	1	M40-44	7	35:05	02:18	8	2:38:20	33,6 km/h	0:51:26	0:47:21	0:55:49	01:28	8	08:25					Ret.
192	Xavier Benet Fabregas	1	M50-54	3	32:15	03:23	6	2:19:25	38,9 km/h	0:45:28	0:41:34	0:46:22	02:41	6	07:23					Ret.
170	Nando Marques Marques	3	M35-39	9	41:51	03:24	9	2:49:19	31,8 km/h	0:55:08	0:50:04	0:58:05	02:39	9	07:18					Ret.
123	Alex Cerdá Dols	1	M30-34	2	28:04	01:12	2		-10,7 km/h	0:49:18			4							Ret.
96	Miguel Angel Mendez Fuertes	2	M50-54	11	50:22	04:30	11	3:36:48	24,7 km/h	1:10:02	1:03:54	1:16:00	02:23	11	10:09	41:34				Ret.
278	Lluis Pons Sans	2	M30-34	8	39:52	03:55	1		-10,4 km/h				2							Ret.
4	Toumy Degham	3	M30-34	1	26:39	01:08	5	2:06:15	41,9 km/h	0:41:28	0:38:07	0:44:25	01:10	5						Ret.
175	Llorenç Bosch Capó	1	M20-24	6	34:43	02:18	7	2:37:16	33,8 km/h	0:48:59	0:46:00	0:58:25	01:37	7	08:14					Ret.
358	Esther Sala, Anna Sintes y Susana Valierit	Relleus		10	44:35	02:13	3		19,9 km/h	1:08:36	1:05:25	2:07:19	3							Ret.
17	Borja Mas Vilella	4	M35-39	5	34:09	02:37	10	3:26:40	25,4 km/h	0:54:00	0:47:41	1:42:24	00:00	10						Ret.