

OCTOBERTRAIL CAMÍ DE CAVALLS · MENORCA

MENORCA illes balears lilles Balears Sostenibles

BRIEFING 2024



OCTOBERTRAIL camí de cavalls · menorca



RACE FOLLOWING

Download APP ELITECHIP

- > CHECK YOUR RACE NUMBER
- > CHECK YOUR RESULTS
- > RACE FOLLOWING
- > SHARE YOUR RACE EXPERIENCE
- > CHECK THE RACE'S CALENDAR
- > **REGISTRATION PLATFORM**







FRIDAY 25TH OCTOBER

Race number collection.

Hotel Lago Resort Cala'n Bosch From 4pm to 9pm.

SATURDAY 26ST OCTOBER

- 09:30 h Start of 32 KM from Parking de la playa de Son Bou.
- 09:30 h Start 1 of 19 KM from Parking de Cala Mitjana.
- 10:15 h Start 2 of 19 KM from Parking de Cala Mitjana.
- 12:00 h Start 1 of 11KM from Parking de Calan Turqueta.
- 12:50 h Start 2 of 11KM from Parking de Calan Turqueta.
- 16:00 h Awards ceremony at the finish line zone.



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elitechip





DEPARTURE TIMETABLE

SATURDAY 26th OCTOBER

32KM

08:15 h – Start of the race 09:30 h •

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19KM

- 08:15 h -- Start of the race 09:30 h
- 09:00 h Start of the race 10:15 h •

11KM -

- 11:00 h Start of the race 12:00 h •
- 11:50 h Start of the race 12:50 h



TIMING OF THE RACE

- The race will be timed by the system Championchip. All the participants that don't have a yellow chip, the organisation will give a white chip at the race number collection. The chip has to be located on the shoe or around the ankle.
- > There will be different controls to guarantee all the participants make the right route.
- The time limit to finish the 32 km race is 6 hours. The time limit for the 19 km and 11 km races, is given by the finishing time of the 32 km race.

Here you can see how to put on the chip:









RACE SIGNPOSTING

> The route will be signposted with posters, ribbons and "fites", characteristic element of Camí de Cavalls.





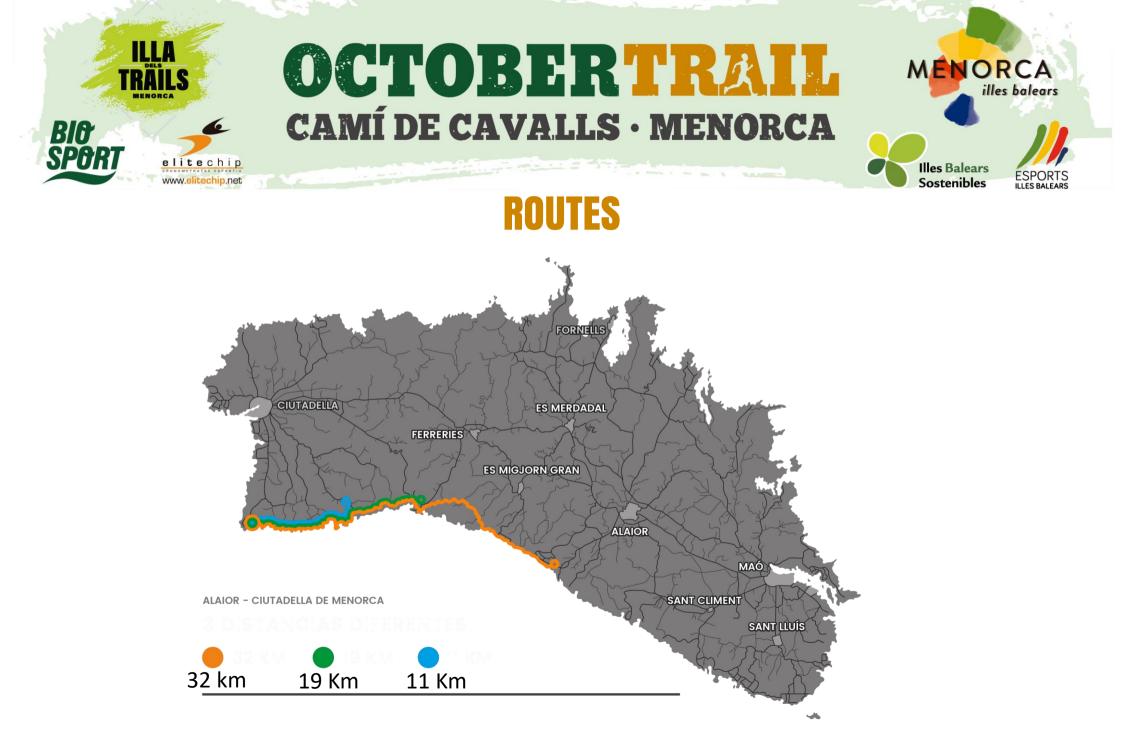


All the participants that want to retire they can ONLY do it in a refreshment station. If they can't do it, the participant will need to phone the urgency telephone that appears in the race number.

It's **TOTALLY FORBIDDEN** to receive external help or food and drinks outside the locations put by the organisation.

The participants will have to obey the organisation instructions at all times. The failure to comply with this point will result in disqualification.

At all starts there will be a wardrobe service and the bags will be returned to the finish line.





OCTOBER TRAIL is a race with the distinctive **Reserva de la Biosfera.**

We do our utmost to make it an environmentally friendly race.

- > We carry out selective collection of the waste we generate.
- > Containers with waste separation and visible indicators.
- Use of returnable and reusable chips.
- > Liquid refreshments in reusable containers.
- Local products and suppliers
- > Reusable marking elements
- Shuttle service for participants to promote safe and sustainable mobility.





ENVIRONMENTAL RULES

The participation implies the knowledge and acceptance of this rules.

IT'S FORBIDDEN:

- use any type of item that may produce loud noises or sounds
- > go off the marked track
- shout and make loud sounds or noises
- it is forbidden to throw away packaging, wrappers or any type of waste. each participant must mark their gels, bars, with their bib number. if any packaging is found, the runner who owns it may be penalised.
- > the use of sticks is only allowed with the use of rubber tips or caps on the tips.



SANCTIONS

- At all time, the October Trail runner will have to wear the race number given by the organisation in a visible place at the front. It cannot be cut, neither folded or modified. THE FAILURE TO COMPLY WITH THIS POINT WILL RESULT IN THE IMMEDIATE SANCTION OF THE RUNNER.
- > Exit the track to closing the gap:
 - First sanction: 15 minutes
 - Second sanction: 30 minutes
 - Third sanction: Disqualification
- Throw any type of rubbish, find things under a race number or not bringing the race number written on the envelopes of the products:
 - First sanction: 30 minutes
 - Second sanction: 1 hour
 - Third sanction: Disqualification
- Run at any time accompanied by a person without a race number will suppose the INMEDIATE DISQUALIFICATION.



FINISH LINE ZONE

- > .The finish area will be located in front of the Lago Resort Menorca hotel.
- > There will be a post finish area where there will be a refreshment area with drinks and food provided by the race's collaborators.
- > The awards ceremony will be done at 4pm.

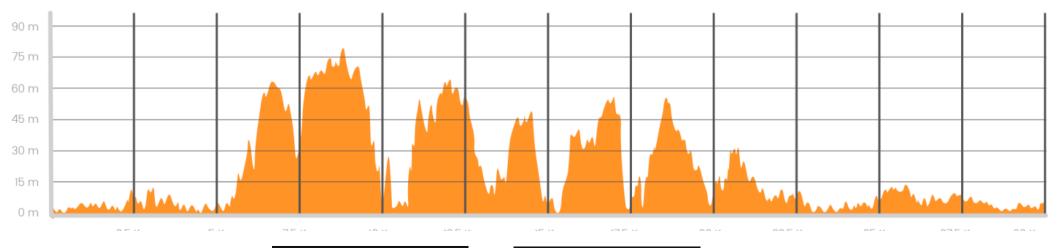
IMPORTANT: The race results will only be available via the Elitechip app or the web: <u>www.elitechip.net</u>



OCTOBER TRAIL 32 KM - 750M D+

Saturday 26th October 2024 at 9:30 am start of October Trail Menorca 32 KM. At Son Bou.

- O8:15 h departure of the bus from Hotel Lago Resort de Cala'n Bosch to Parking de la playa de Son Bou. The wardrobe service will be located near the start line zone. Bag collection at the finish line.
- Start time: 09:30 h. The participants will have to be at the assigned point 15 minutes before the start.



There's only one start.

🚯 Descargar formato GPX 🛛

Descargar formato KMZ



- Hydration System with minimum capacity of 0,50 L (no glasses will be given at the refreshment station to minimize waste)
- Mobile with sufficient battery and credit
- > The race number written on all gels and energetic bars of each participant.
- > Thermic blanket
- Race number and chip.
- The organisation deserves the right to add as obligatory material a raincoat to the list depending on the weather conditions the day of the race.
- **Before the start, there will be a random control of the obligatory material.



REFRESHMENT STATIONS

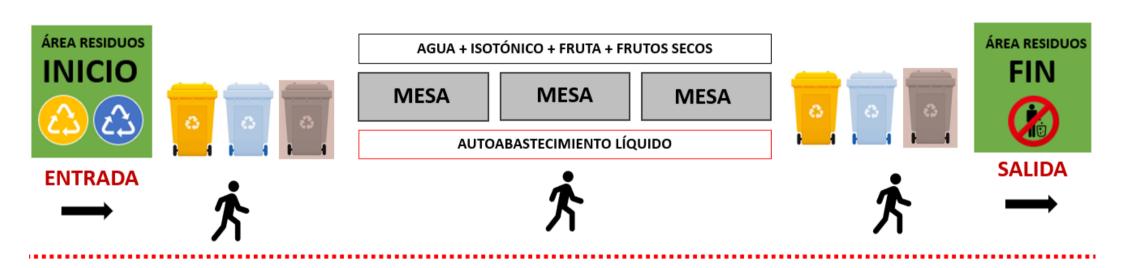
- The Organization will supply all the participants 3 refreshment stations around all the track with water, isotonic, food and fruit, apart from other products added by the Organization.
- Each athlete will have to bring their own glass because there won't be any of them at the refreshment stations.
- It's totally forbidden to receive external help or refreshment points outside the ones put by the Organization during the race. At every moment, the participants will have to obey the members of the Organization.
 Failure to comply with these points will result in immediate disqualification.
- REFRESHMENT STATION 1 KM 4,4 It will be located in Sant Tomàs.
- REFRESHMENT STATION 2 KM 15,9 It will be located in Cala Galdana.
- REFRESHMENT STATION 3 KM 24,6 It will be located in Son Saura.
- FINISH LINE KM 32 It will be located in Cala'n Bosch.



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REFRESHMENT STATION

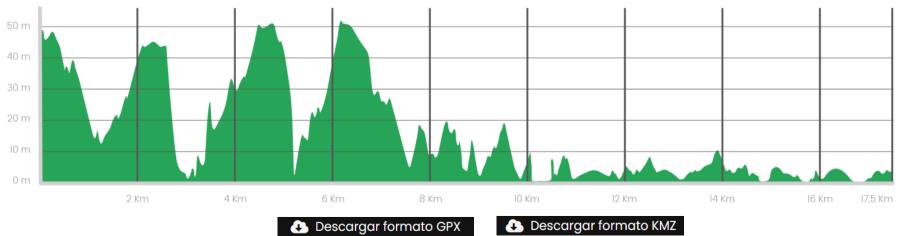




OCTOBER TRAIL 19 KM - 400m D+

Saturday 26th October 2024 at 09:30/10:15 h start of October Trail Menorca 19 km. At Cala Mitjana Parking.

- 8:30 h bus departure (start 1) from Hotel Lago Resort de Cala'n Bosch to Parking de Cala Mitjana. The wardrobe service will be located near the start line. Bag collection at the finish line.
- 9:00 h bus departure (start 1) from Hotel Lago Resort de Cala'n Bosch to Parking de Cala Mitjana. The wardrobe service will be located near the start line. Bag collection at the finish line.
- Start 1 09:30 h. The participants will have to be at the place 15 minutes before the start.
- **Start 2 10:15 h.** The participants will have to be at the place 15 minutes before the start.





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IMPORTANT

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At this distance there will be two starts so as not to collapse the path. **Start 1**: 09:30h **Start 2**: 10:15h.

- Only those who start at the first start are eligible to win the race.
- Those who do not go at their start will be penalized with **30 minutes**.
- The buses will departure at:
 - 8:15 Bus departure (veure ubicació aquí) to Parking <u>Cala Mitjana</u> (first start).
 - 9:30 Bus departure (veure ubicació aquí) to Parking Cala Mitjana (second start).



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RACE NUMBER ST

RACE NUMBER START 1 - 09:30 H NUM: 1001 - 1400



RACE NUMBER START 2 - 10:15 H NUM: 1401 - 1785

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- Hydration System with minimum capacity of 0,50 L (no glasses will be given at the refreshment station to minimize waste)
- Mobile with sufficient battery and credit
- > The race number written on all gels and energetic bars of each participant.
- > Thermic blanket
- > Race number and chip.
- The organisation deserves the right to add as obligatory material a raincoat to the list depending on the weather conditions the day of the race.
- **Before the start, there will be a random control of the obligatory material.



AVITUALLAMENTS

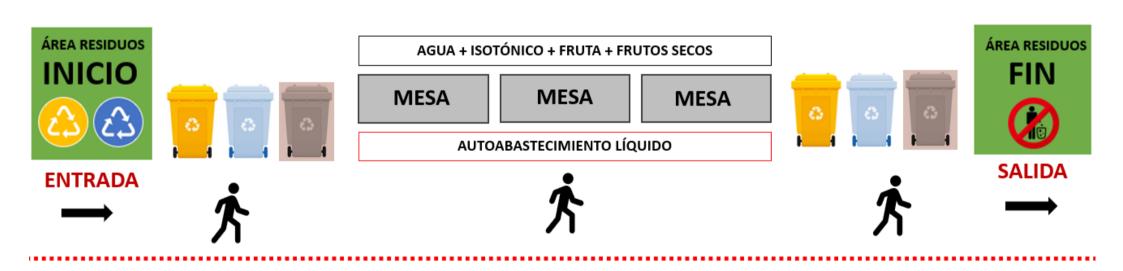
- The Organization will supply all the participants 3 refreshment stations around all the track with water, isotonic, food and fruit, apart from other products added by the Organization.
- Each athlete will have to bring their own glass because there won't be any of them at the refreshment stations.
- It's totally forbidden to receive external help or refreshment points outside the ones put by the Organization during the race. At every moment, the participants will have to obey the members of the Organization.
 Failure to comply with these points will result in immediate disqualification.
- REFRESHMENT STATION 1 KM 3,3 located in Cala Galdana.
- **REFRESHMENT STATION 2 KM 11,8** located in <u>Son Saura.</u>
- FINISH LINE KM 19 located in Cala'n Bosch.



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REFRESHMENT STATIONS





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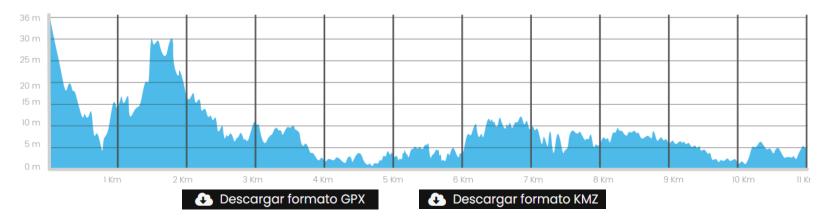
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OCTOBER TRAIL 11 KM - 200m D+

Saturday 26st October 2024 at 12:00/12:50 h Start of the October Trail Menorca 11 Km in Cala'n Turqueta.

- 11:00 h bus departure from Hotel Lago Resort de Cala'n Bosch to Pàrquing de Cala'n Turqueta. The wardrobe service will be located near the start line. Bag collection at the finish line.
- 11:50 h bus departure from Hotel Lago Resort de Cala'n Bosch to Pàrquing de Cala'n Turqueta. The wardrobe service will be located near the start line. Bag collection at the finish line.
- Start 1 12:00 h. The participants will have to be at the place 15 minutes before the start.
- Start 2 12:50 h. The participants will have to be at the place 15 minutes before the start.

*All runners are obliged to arrive at the start of the race by bus service due to environmental measures. bus departures are 1:30 hours before the start of the race for logistical transport reasons.





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IMPORTANT

At this distance there will be two starts so as not to collapse the path.

Start 1: 12:00h Start 2: 12:50h.

- Only those who start at the first start are eligible to win the race.
- Those who do not go at their start will be penalized with **30 minutes**.
- The buses will departure at:
 - **11:00** Bus departure (veure ubicació aquí) to Parking Cala Mitjana (first start).
 - 11:50 Bus departure (<u>veure ubicació aquí</u>) to Parking <u>Cala Mitjana</u> (second start).
 *It's obligatory to arrive to the start line by BUS.

**For security reasons, family members/companions will not be able to attend the departure.



RACE NUMBER START - 12:00 H NUM: 1801 - 2230

RACE NUMBER START - 12:50 H NUM: 3001 - 3410







MATERIAL OBLIGATORI OCTOBER TRAIL 11 KM

- Mobile with sufficient battery and credit
- > The race number written on all gels and energetic bars of each participant.
- > Thermic blanket
- Race number and chip.
- The organisation deserves the right to add as obligatory material a raincoat to the list depending on the weather conditions the day of the race.
- **Before the start, there will be a random control of the obligatory material.



REFRESHMENT STATIONS

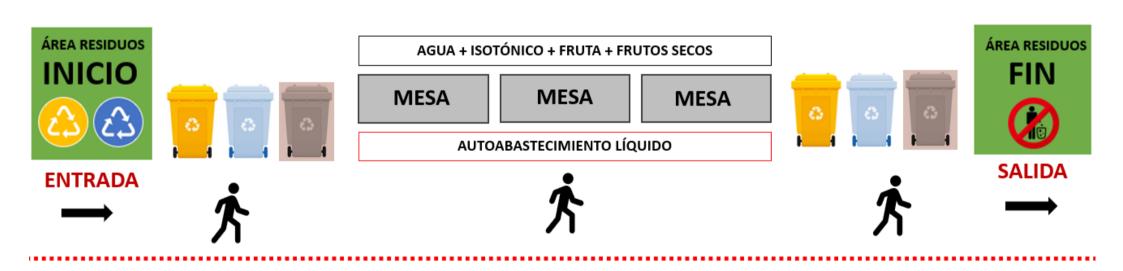
- > The Organization will supply all the participants 3 refreshment stations around all the track with water, isotonic, food and fruit, apart from other products added by the Organization.
- Each athlete will have to bring their own glass because there won't be any of them at the refreshment stations.
- It's totally forbidden to receive external help or refreshment points outside the ones put by the Organization during the race. At every moment, the participants will have to obey the members of the Organization. Failure to comply with these points will result in immediate disqualification.
- REFRESHMENT STATION 1 KM 4,6 located in Son Saura.
- FINISH LINE KM 11 located in Cala'n Bosch.



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REFRESHMENT STATIONS













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